

NEW HAMPSHIRE MARTIAL ARTS ACADEMY

CLASSES FOR BEGINNERS

If you would like class times for other ranks, or if you have any questions, please email: Master@nhmaa.net

Or call Christina at 603-772-5811

3,4,5 Year Olds	Monday 4:00 Wednesday 4:00 Saturday 9:15 am		8-12 Year Olds	Monday 4:45 Wednesday 4:45 Tuesday 4:45 Thursday 4:45 Friday 5:30 Saturday 10:00
5,6,7,8 Year Olds	Tuesday 4:00 Thursday 4:00 Monday 4:45 Wednesday 4:45 Friday 5:30 Saturday 10:00		13 and above	Monday 7:05 Tuesday 6:05 Tuesday 7:05 Wednesday 7:05 Thursday 6:05 Thursday 7:05 Friday 5:30 Saturday 10:00
Adults	Monday—Thursday 7:05 Tuesday & Thursday 6:05 Friday 5:30 Saturday 10:00		Families	Please call so we can discuss ages of family members and fit you into a family class. 603-772-5811