



# SEPTEMBER



Sun	Mon	Tue	We	Thu	Friday	Saturday
<b>FORMS WEEK</b> Full Uniform & Belt Stretchers		1	2	3	4 Zoom Staff Meeting 8:00pm	5 <b>CLOSED</b> For <b>LABOR DAY</b> Weekend
6 <b>SPARRING WEEK</b> Bring Equipment	7 <b>CLOSED</b> For <b>LABOR DAY</b> Weekend	8 First Day Of All DAY Camp & Virtual Learning	9	10	11	12
13 <b>BASICS WEEK</b>	14 15 16 17 <b>BRING A FRIEND &amp; BREAK A BOARD WEEK</b> Please arrive 15 min early with your friend and <u>their</u> parent, guests must be new students who have never taken an LBE class and reside within NOVA area You receive a RED Star and a Gift Certificate Your friend receives 1 MONTH of Free Lessons				18 <b>@LBFO</b> <b>FREE Bo Staff Class</b> <b>7:30-8:15pm</b> <b>\$30/Weapon; \$10/Rent</b>	19
20 <b>FORMS WEEK</b> Full Uniform & Belt Stretchers	21 22 23 24 <b>OCTOBER is Breast Cancer Awareness Month</b> You many wear your PINK Belt or PINK Tee to show your support. If you would like to purchase a Pink Belt or Tee Please make a cash or check donation of \$20/item at the front desk. All proceeds will go to any nominated Survivor/Candidate or to a Breast Cancer Foundation.				25 <b>4TH STRIPE @LBE FO</b> For Both Locations No In Studio Class 6-8pm @FO Zoom @SR combined 6-8pm Full uniform, equipment, report card, ITP, written exam Reserve your time on the App	26 <b>@LBE SR</b> <b>Sword Class</b> <b>5:30-6:15pm</b> For Blk Belt (\$10) & Masters Club (Free) Weapon Cost \$30 Rental \$10
27 <b>SPARRING WEEK</b> Bring Equipment	28 <b>4TH STRIPE</b> On ZOOM & ORAL Exams Reserve your testing time on the App	29	30	10/1	10/2 Zoom Staff Meeting 8:00pm	10/3



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- **COMING SOON:**
- 10/2 Zoom Staff Meeting 8pm
- 10/10 Black Belt Exam @FO 5:30pm
- 10/12 Columbus Day CAMP
- 10/14-16 TKD Picture Day @FO
- 10/21-22 TKD Picture Day @SR
- 10/23 4th Stripe Day @SR both for locations 6-8pm - No Class
- 10/26 Happy Birthday Mr. Will!
- 10/31 Happy Halloween
- 11/1 Daylight Saving Turn clocks 1 hour backwards
- 11/6 Zoom Staff Meeting 8pm
- 11/9 @SR Escrimas 4pm
- 11/20 4th Stripe Day @FO 6-8pm
- 11/23 4th Stripe Day on ZOOM
- 11/25 Thanksgiving Eve CAMP
- 11/26-28 Thanksgiving Break  
No Classes

### NEWS:

- Rate Our School: Go to Yahoo, Google, Yelp, Superpages, find our location and give us a review. Help us reach out to our community!
- Find us on Facebook, Instagram & Twitter