




OCTOBER



SUN	MON	TUE	WED	THU	FRI	SAT
			1	2		3
SPARRING WEEK Bring Equipment	Rock Your PINK Belt or Tee All throughout the month of October, Purchase a belt or tee for \$20 each to support Breast Cancer Awareness (Please make donations via cash or check) All proceeds will go toward Breast Cancer Awareness or Research				@LBE FO Zoom Staff Meeting 8:00	
4 BASICS WEEK	5	6	7	8	9	10 BLACK BELT EXAM 5:30pm @FO Good Luck Candidates 4:45 class canceled
	Sign Up for all EVENTS using the MY STUDIO APP!					
11 FORMS WEEK Full Uniform & Belt Stretchers	12	13	14	15	16 ZOOM SUPER SCAVENGER HUNT 8:00pm \$5/participant Free for Masters Club Win prizes for the Most points Invite your friends!	17 @LBE FO FREE Nunchucks Weapons Class 4:45-5:30pm \$10/rent \$30/buy weapon Open to all BBC/MC Members
			TKD PICTURE DAY @FO Wednesday - Friday 10/14-16 Sign up to be on our Annual School Poster! Photo packages start at \$24.95			
18 SPARRING WEEK Bring Equipment	19	20	21 Happy Birthday Ms. Floria!	22	23 @LBE SR IN STUDIO 4th Stripe Testing 6-8pm No classes from 6-8 In Studio @LBE SR 6:00pm Zoom Purple join Blue belts 6:45 Zoom White join Gold belts	24 FREE Community Event Invite friends & neighbors BULLY PREVENTION & SELF DEFENSE SEMINAR 5:30pm @LBFO
			TKD PICTURE DAY @SR Wed - Thu October 21-22 Sign up to be on our Annual School Poster!			
25 BASICS WEEK	26 Happy Birthday Mr. Will! ZOOM 4th Stripe	27	28	29	30	31 7:00pm TRUNK or TREAT FREE Event Invite your friends! Please RSVP in the App Come dressed in your costume and receive treats from our decorated trunks. Masks and social distancing required.
	ALL WEEK...BRING A FRIEND & BREAK A BOARD WEEK Please arrive have your friend enroll on the My Studio App for the BAF Trial. Remember to reserve their spot IN STUDIO also and arrive 5 min early with your friend and their parent, guests must be new students who have never taken an LBE class, Face mask/shield required for everyone. You receive a RED Star & a Gift Certificate for every friend you bring. Your friend receives 1 MONTH of Free Lessons					



LBETKD@yahoo.com
www.LBETKD.com
Twitter: @LBETKD
Facebook: Lead By Example
Tae Kwon Do Martial Arts

COMING SOON:

- 11/1 Daylight Savings Turn clocks 1 Hour Backwards
- 11/6 Zoom Staff Meeting 8pm
- TBA Sword Class @FO 4:45pm
- 11/3 Election Day - Get out and VOTE
- TBA Bo Staff Class @SR 5:30pm
- TBA Kid's Night Out
- 11/20 In Studio 4TH Stripe @FO
- 11/23 Zoom 4TH Stripe
- 11/26-28 Thanksgiving Break CLOSED
- 12/4 Zoom Staff Meeting 8:00pm
- 12/24-1/1 Winter Break CLOSED

NEWS:

- Email Newsletter: If you would like to subscribe, please email us.
- Rate Our School: Go to Yahoo, Google, Yelp, Superpages, and Merchantcircle.com, find our location and give us a review. Help us reach out to our community!
- If you have pictures at Tournaments or Past graduations that you would like to share, please post to our FB pages.
- Please download the MY STUDIO App from the Apple or Google play store. Email us for our STUDIO Code to log in and create a user name and password. Access to our curriculum, trials, membership and retail. Reserve your IN Studio class spot, Event & Camp registration using the app. All memberships will now enroll or renew through the app to minimize direct contact.