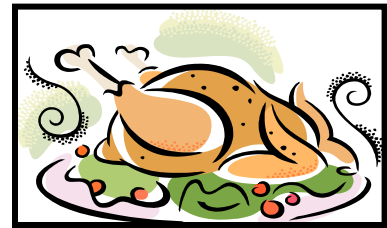





NOVEMBER



SUN	MON	TUE	WED	THU	FRI	SAT
SPARRING WEEK Bring Your Equipment	Register for the LBE Intramural Tournament @ LBEIT.homeip.net		Canned or Non-Perishable Food Drive @SR	1 New or Gently Used Coat Drive @FO	2 Leadership Class @FO 7:45-8:15pm Staff Mtg @FO 8:15pm	3
4 BASICS WEEK Daylight Savings Clocks 1 hour Back!	5 6 ELECTION DAY CAMP Mon & Tue 11/5 & 11/6 8:30am - 6:30pm Bring a lunch \$70/child		7	8	9	10 Black Belt Exam @FO 4:30pm Good Luck Candidates!
11 FORMS WEEK Full Uniforms & Belt Stretcher	12 13 14 15 BRING A FRIEND & BREAK A BOARD WEEK Please sign up on info board, Arrive at least 15 min early, with their parent, New students residing in the NOVA area only! You receive a RED Star & Gift Certificate and Your friend receives 1 MONTH FREE Happy Birthday Mr. Rodolfo			16 Parent's Night Out & Bopper Tournament 7:30-10:30pm \$25/child Invite friend for fun and games, pizza & a movie! Happy Birthday Miss Cassandra		17 Escrimas Class @FO 4:00-4:45pm \$15/class
18 FORMS WEEK Full Uniforms & Belt Stretcher	19 Happy Birthday Mr. Eray	20	21	22 23 24  SCHOOL CLOSED 11/22 - 24 THANKSGIVING BREAK		
25 SPARRING WEEK Bring Your Equipment	26 27 28 TKD Picture Day @ Fair Oaks Mon 11/26—Wed 11/28 Sign up for a Time Slot and Be on our Annual School Poster		29	30	12/1 Shining Star Starts! Pre-Registration Ends Online for LBE Tourney Nunchucks @FO 4pm with Master Dave Moss 4th Stripe & Grad @SR	
12/2 BASICS WEEK	12/3 TKD Membership Upgrade Sale 12/3-12/24 10% PIF - 5% Monthly	12/4	12/5 Final Day to Register for the LBE Intramural Tournament!	12/6	12/7 @LBE Fair Oaks Team Sparring 8:00pm	12/8 @LBE South Run LBE Intramural Tournament



LBETKD@yahoo.com
www.LBETKD.com
Twitter @LBETKD
Facebook: Lead By Example
Tae Kwon Do Martial Arts

COMING SOON:

- 12/1 Nunchucks @FO 4pm
- 12/7 Team Sparring @FO 8pm
- 12/8 LBE Tournament @SR
All Schools Closed - NO CLASSES
- 12/9-12/10 TKD Pictures @SR
- 12/12-12/15 Bring A Friend Week
- 12/15 Sword Class @FO 4pm
- 4th Stripe Day: SR 12/1; FO 12/22
- 12/14 Parent's Night Out Party
- 12/22 Escrimas @SR 2:00pm
- 12/24-1/1 Winter Break - CLOSED
- Winter Camp 12/26-12/28; 1/2-1/4
- 1/2-1/28 Pre-Registration for Spring Break & Summer Camps
- 3/1-4/30 Pre-Registration for B4 & Afterschool Program 2019-20

NEWS:

- Email Newsletter: If you would like to receive weekly news and to subscribe, please email us or give your info to the office. Please make sure to check your spam filter!
- Rate Our School: Go to yahoo, google, yelp, or facebook and find our location and give us a review. Help us to reach out to our community!
- If you have pictures of past LBE Events that you would like to share, please email them or save to CD and send it in to Master J.