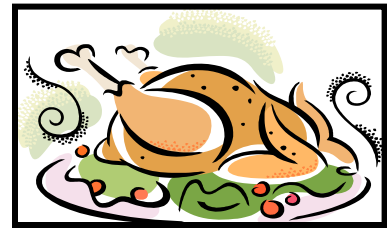


NOVEMBER



SUN	MON	TUE	WED	THU	FRI	SAT		
1 FORMS WEEK Full Uniforms & Belt Stretcher Daylight Savings Clocks 1 hour Back!	2 Register for the LBE Intramural Tournament Pre-Registration Ends 12/5 Late Registration Ends 12/9 Register on the My Studio App	3	4 Canned or Non-Perishable Food Drive All Month!	5	6 Zoom Staff Meeting 8:00pm	7		
8 SPARRING WEEK Bring Your Equipment	9 NOW through the end of the year 2020 Upgrade your current membership and receive 10% off	10	11	12	13 FREE Weapons Class Bo Staff @SR 7:30-8:15pm \$30/Weapon; \$10/Rent	14		
15 FORMS WEEK Full Uniforms & Belt Stretcher	16 BRING A FRIEND & BREAK A BOARD WEEK Please sign up on info board, Arrive at least 5-10 min early, with <u>their</u> parent, New students residing in the NOVA area only for IN Studio or they can join from anywhere on Zoom! You receive a RED Star & Gift Certificate and Your friend receives 1 MONTH FREE <i>Happy Birthday Miss Cassandra!</i>			17	18	19	20 @FO Sword Class 7:30-8:15pm \$10/BBC; \$30/weapon @LBE SR 4th Stripe Testing 7:30-9:00pm Please see the desk for testing time	21 @LBE FO 4th Stripe Testing 5:00-7:00pm Please see the desk for testing time
22 BASICS WEEK	23 ZOOM 4th Stripe Testing Sign up on the App Submit ITP and report card via Email to LBETKD@yahoo.com	24	25	26 SCHOOL CLOSED 11/26 - 28 THANKSGIVING BREAK		27	28	
29 BASICS WEEK	30	12/1	12/2	12/3	12/4	12/5 Pre-Registration Ends for the LBE Intramural Tournament		



LBETKD@yahoo.com
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Tae Kwon Do
Fair Oaks & South

COMING SOON:

- 12/1 Shining Star Donations Begin
- 12/9 Final Late Registration for the Intramural Tournament
- 12/11 & 12/12 LBE Intramural Tournament - NO CLASSES
- TBA Nunchucks Weapons Class
- TBA Sword Weapons Class
- 12/24 - 1/1 Winter Break - CLOSED
- Winter Camp Mon - Wed 12/21 - 12/23 and 12/28 - 12/30

NEWS:

- Email Newsletter: If you would like to receive weekly news and to subscribe, please email us or give your info to the office. Please make sure to check your spam filter!
- Rate Our School: Go to yahoo, google, yelp, or facebook and find our location and give us a review. Help us to reach out to our community!
- If you have pictures of past LBE Events that you would like to share, please email them or save to CD and send it in to Master J.