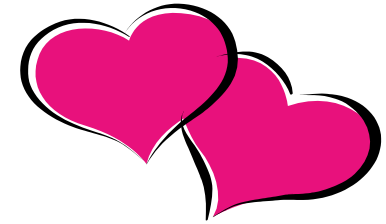






FEBRUARY



SUN	MON	TUE	WED	THU	FRIDAY	SATURDAY
FORMS WEEK Wear Full Uniform! Advanced Belts					1 @LBE FO 7:30pm Leadership Class 8:15pm Staff Mtg	2 @ LBE SR Sword Class 2pm \$15/BBC class
3 SPARRING WEEK Bring Your Equipment!	4	5	6	7	8	9 @LBFO Escrimas Class 4:00pm \$15/BBC; Free/MC \$30/weapon
10 BASICS WEEK	11 12 13 ALL WEEK...BRING A FRIEND & BREAK A BOARD! Please arrive at least 15 min early with guest and their parent, New students residing in the NOVA area only! You receive a RED Star and Gift Certificate Your friend receives 1 MONTH FREE			14 	15 Parent's Night Out & Board Breaking 7:30-10:30pm \$30/child; \$25 BBC; \$5 MC Includes cheese pizza, games, 2 board breaks and a movie! Invite friends, siblings and neighbors! Pre-Registration Ends For Spring & Summer Fun Camp	16 @LBFO Master Lightfoot's Self Defense Class Open to everyone ages 7+ Invite your friends, neighbors, parents and siblings for a great class \$10/person
17 FORMS WEEK Wear Full Uniform! Advanced Belts Belt Stretchers!	18  Camp 8:30am—6:30pm \$70/child Pack A Lunch Movie Day "New Lego Movie"	19 20 21 St. Jude's KICK-A-THON How many kicks do you think you can kick in one minute? Well get ready to find out, because we will be kicking in every class to help raise money for St. Jude's Children Research Hospital. Pick up a pledge sheet and help us kick out cancer!			22 @LBE SR 4th Stripe Day No class after 5:45pm Testing 5:45-7:30pm 7:45pm Graduation & Potluck Dinner	23 @LBE FO 4th Stripe Day Blk Belts please attend the 2:15pm class Testing 3-6pm 6:30pm Graduation & Potluck Dinner
24 SPARRING WEEK Bring Your Equipment!	25	26	27	28	3/1 Black Belt APP & Fee Due to your instructor!	3/2 @ LBE FO Sword Class 4pm \$15/BBC class



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REMINDERS:

- Sign up for our Email Newsletter: If you would like to receive weekly news, please email us or give your info to the front desk. Please make sure to check your spam filter!
- Rate Our School: Go to yahoo, google, yelp, facebook and merchantcircle.com, find our location and give us a review. Help us to reach out to our community!
- If you have pictures of past LBE events that you would like to share and have posted on the website or in our newsletter, please email them or save to CD and send it in to Master J.

COMING SOON

- 3/2 Sword Class @FO 4pm
- 3/8 Leadership and Staff Mtg @FO
- 3/9 Black Belt Exam 4:30pm @FO
- 3/10 Daylight Savings 1 Hr Forward
- 3/11 3 Hour Early Release
- 3/15 Parent's Night Out Party "March Madness" wear your favorite Basketball team tee or jersey
- 3/16 Escrimas Class @SR 2pm
- 3/22 4th Stripe & Grad @SR
- 3/23 4th Stripe & Grad @FO
- 4/5 Teacher Workday Camp
- 4/5 Leadership and Staff Mtg @FO
- 4/15-4/19 Spring Break Camp