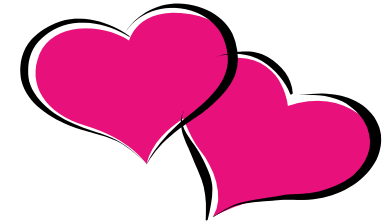






# FEBRUARY



SUN	MON	TUE	WED	THU	FRIDAY	SATURDAY
BASICS WEEK Bring Gloves	1	2	3	4	6 Leadership 8:00pm Staff Meeting 8:30pm	7
8 FORMS WEEK Full Uniforms & Belt Stretchers	9	10 @FO BB Bring Bo Staffs To Class	11	12 @SR BB Bring Bo Staffs To Class	13 Valentine's Parent's Night Out Party 7:30-10:30pm \$25/child; \$20 BBC; Includes cheese pizza, games, and a movie!	14 Happy Birthday Mr. John! 
15 SPARRING WEEK Bring Your Equipment	16  Join us for CAMP \$85/child Wear Camp tee Bring your lunch	17 Teacher Workday CAMP \$85/child Wear Camp Tee	18 Happy Birthday Mr. Shariq!	19	20 @LBE SR NO Class 5:45-8:30pm 4th Stripe Testing & Grad/Potluck Be prepared: Full uniform, equipment, completed ITP, current Report Card, take your oral/written exam Pay your grad fee on the APP	21
22 BASICS WEEK Bring Gloves	23	24	25	26	27	28 @LBE FO 4th Stripe Day *See the front desk for your testing time* Grad/Potluck 7:00pm Be prepared: Full uniform, equipment, completed ITP, current Report Card, take your oral/written exam Pay your grad fee on the APP

**ALL WEEK... BRING A FRIEND & BREAK A BOARD**  
 Invite a Friend/Sibling to a Beginner Class. Arrive 15 minutes early  
 Your guest should be a new student residing in the NOVA area ONLY  
 You receive a RED star & a Gift Certificate



**LBETKD@yahoo.com**  
 www.LBETKD.com  
 IG: LBETKD & LBETKDSR  
 Find us on Facebook

**REMINDERS:**

- Weekly Reminders will be sent via My Studio messages and emails. Please check your notifications status to receive messages.
- Rate Our School: Go to Yahoo, Google, Yelp, and Facebook. Find our location and give us a review. Help us to reach out to our community!

**COMING SOON**

- 3/6 Leadership Class @FO 8:00pm
- 3/6 Staff Meeting @FO 8:30pm
- 3/7 Self Defense @FO 5-5:45PM
- 3/8 Daylight Savings 1 HR Forward
- 3/13 Parent's Night Out Party 7:30-10:30pm "March Madness" wear your favorite Basketball team shirt
- 3/14 Black Belt Exam @FO 6:00pm (Ticket Entry is Required)
- 3/16 Bring a Friend Week
- 3/17 Happy St. Patrick's Day
- 3/20 Eid al-Fitr Camp
- 3/20 4th Stripe & Grad @SR
- 3/27 4th Stripe & Grad @FO
- 3/29-4/4 Spring Break: NO CLASSES!