







DECEMBER



SUNDAY	MON	TUE	WED	THU	FRIDAY	SATURDAY
FORMS WEEK Full Uniform Adv Belt bring Belt Stretchers	1 2 DECEMBER SHINING STAR PROGRAM Pick up a star and bring in a gift for a needy family SR - Red Wagon Foundation, WRAPPED gifts due 12/217 FO - Katherine Hanley Shelter, UNWRAPPED gifts due 12/17 Gifts will also be donated to the Bailey's Crossroads Community Center		3	4	Leadership 8pm Staff Mtg 8:30pm	Pre-Registration Ends for the LBE Tournament Midnight, Sun12/4
4 TOURNAMENT PREP & SPARRING WEEK Bring your Equipment Attend the Belt class that you are competing at for practice	5 6 Membership Upgrade & Holiday Merchandise Sale Upgrade to the Black Belt Club and Receive 10% off PAID IN FULL or 5% off MONTHLY Memberships 10% off any regularly stocked items BBC & MC receive an additional 10% off with your membership discount	7 Final Day to Register for LBE Intramural Tournament Ends @midnight	8	9 @LBE SR Intramural Tourney White -Adv Gold 5:00pm White (3-6) 6:30pm White (7+) 7:30 Gold/Adv Gld NO CLASSES at both locations	10 @LBE FO Intramural Tournament Org - Black Belts ALL locations NO CLASSES	
11 BASICS WEEK Bring Gloves to Class	12 13 14 15 BRING A FRIEND TO CLASS & BREAK A BOARD Invite a friend to a Beginner class, arrive at least 15 min early, with <u>their</u> parent, Your guest should be new student residing in the NOVA area only You receive a RED Star & a Gift Certificate Your friend receives 1 MONTH FREE	16 @LBE SR 4th Stripe Day No Class 7-9pm @SR Wear your FULL uniform, bring Equipment, ITP and Report Card & Take Written or Oral Exam	17 @LBE FO 4th Stripe Day 5:15-8:00pm Wear your FULL uniform, bring Equipment, ITP and Report Card & Take Written/Oral Exam			
18 FORMS WEEK Wear Full Uniforms & Belt Stretchers	19  Happy Hanukkah	20 21 22 23 WINTER BREAK CAMP December 19 - 23 \$350/week or \$80/day Excursions Daily Pack a lunch, snack & water bottle REGULAR CLASSES Tuesday 12/20 - Friday 12/23		24 NO CLASSES - WINTER BREAK 12/24 - 1/2 We will re-open on Tue, January 3, 2023		
25 	26 	27 28 29 30 NO CLASSES DURING WINTER BREAK 12/24 - 1/2 We will re-open on Tuesday, January 3, 2023		31 		



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Lead By Example Tae Kwon Do

COMING SOON:

- 1/6 Leadership 8pm @FO
Staff Meeting 8:30pm @FO
- TBA Sword Class
- TBA Nunchucks Class
- 1/16 Martin Luther King Camp
- 1/20 Parent's Night Out Party
- 1/26-27 Teacher WDay Camp
- 1/27 4th Stripe @SR
- 1/28 4th Stripe @FO

NEWS:

- Weekly News will be sent via email and the My Studio App. Make sure to enable notifications are your phone app.
- Join our Facebook Page and share events and photos. Each location has a separate page, feel free to join all of them for news!
- Rate Our School: Go to yelp, facebook, yahoo, google, etc. and click on our location and give us a review. Help us to reach out to our community!

During Inclement Weather:

Please check the My Studio App messages, our website, your emails, or our social media pages (Facebook, Instagram and Twitter) for opening and closing announcements due to the weather. We try our best to post announcements by 1pm. We do not follow the school closings. Please limit your phone calls into the school.