



# AUGUST



Sun	Mon	Tue	Wed	Thu	Friday	Saturday
<b>BASICS WEEK</b>				1 @LBEFO TKD Picture Day	2 TKD Picture Day @LBEFO Leadership 8pm Staff Meeting 8:30pm	3 @LBEFO TKD Picture Day REGULAR CLASSES
4 <b>FORMS WEEK</b> Full Uniform & Belt Stretchers	5	6	7	8	9	10 Before/After School OPEN HOUSE @South Run 10am @Fair Oaks 5pm Meet and Greet!
11 <b>SPARRING WEEK</b> Bring Your Equipment	12	13	14	15	16 Parent's Night Out Party 7:30-10:30pm \$25 /child, \$20/BBC Invite your friends for fun and games, pizza, dodgeball, and a movie!	17 @LBEFO Bully Prevention & Self Defense Class 5-5:45PM \$Free/BBC or MC \$10/non BBC or parents
18 <b>BASICS WEEK</b>	19 First Day of School!	20 21 22 <b>ALL WEEK..BRING A FRIEND &amp; BREAK A BOARD</b> Please arrive 15 min early with your friend and <u>their</u> parent, guests must be new students who have never taken an LBE class and reside within NOVA area. You receive a RED Star & a Gift Certificate			23 @LBE SR 4th Stripe Testing 6:30-8:30 NO CLASSES Wear Full Uniforms, Bring Equipment, ITP and report card. Prepare for written exam	24 @LBE FO 4th Stripe Testing Regular class schedule Wear Full Uniforms, Bring Equipment, ITP and report card. Prepare for written exam
25 <b>FORMS WEEK</b> Full Uniform & Belt Stretchers	26	27 @LBESR BB Bring Nunchucks	28	29 @LBEFO BB Bring Nunchucks	30 <b>SCHOOL CLOSED</b> Labor Day Weekend 8/30-9/2	31 <b>SCHOOL CLOSED</b> Labor Day Weekend 8/30-9/2
9/1 9/2 <b>SCHOOL CLOSED</b> Labor Day Weekend 9/1-9/4		9/3 Welcome Back! It's SPARRING WEEK	9/4	9/5	9/6 @LBEFO Leadership 8:00pm Staff Meeting 8:30pm	9/7



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Lead By Example Tae Kwon Do

### COMING SOON:

- 8/30-9/2 School Closed for Labor Day Weekend
- 9/6 Leadership @FO 8pm
- 9/6 Staff Mtg @FO 8:30pm
- 9/17 @FO BB Bring Bo Staffs 7:30
- 9/19 @SR BB Bring Bo Staffs 7:30
- 9/20 Parent's Night Out Party
- 9/27 4th Stripe @SR
- 9/28 4th Stripe @FO

### NEWS:

- Rate Our School: Go to Yahoo, Google, Yelp, Facebook.com and find our location and give us a review. Help us reach out to our community!
- Find us on Facebook, Instagram and Twitter at the usernames above!