



# AUGUST



Sun	Mon	Tue	Wed	Thu	Friday	Saturday
SPARRING WEEK				1	2 @LBEFO Leadership 7:30pm Staff Meeting 8:15pm	3 @LBESR 2pm Free Nunchucks Class For BBC and MC members
4 BASICS WEEK	5	6	7	8	9 @LBEFO Escrimas Class 7:30-8:15pm \$10/BBC \$30/weapon	10
11 FORMS WEEK Full Uniform & Belt Stretchers	12	13	14	15	16 Parent's Night Out Party 7:30-10:30pm \$25 /child, \$20/BBC Invite your friends for fun and games, dodgeball, pizza and a movie!	17
18 SPARRING WEEK Bring Your Equipment	19 20 21 22 <b>ALL WEEK..BRING A FRIEND &amp; BREAK A BOARD</b> Please arrive 15 min early with your friend and their parent, guests must be new students who have never taken an LBE class and reside within NOVA area. You receive a RED Star & a Gift Certificate Your friend receives 1 MONTH of Free Lessons				23 @LBE FO B4 & After School Open House 7:30-8:30pm  @LBE SR 4th Stripe Testing No classes 5:45-7:45pm Graduation 8:00pm	24 @LBE SR B4 & After School Open House 9-10am  @LBE FO 4th Stripe Testing 3:45-6:45pm Graduation 7:00pm
25 BASICS WEEK	26 First Day of School!	27 New TKD Class Schedule Begins!	28	29	30 Labor Day Camp 8:30am- 6:30pm \$70/child \$50/FT ASP students	31 SCHOOL CLOSED Labor Day Weekend 8/31-9/2
9/1 SCHOOL CLOSED Labor Day Weekend 8/31-9/2	9/2	9/3	9/4	9/5	9/6 @LBEFO Leadership 7:45pm Staff Meeting 8:15pm Happy Birthday Master Romero	9/7 @LBEFO 4:30pm Free Bo Staff Class For BBC and MC members \$10/rent or \$30/buy the weapon



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Facebook Page:  
Lead By Example Tae Kwon Do

### COMING SOON:

- 8/31-9/2 School Closed for Labor Day Weekend
- 9/6 Happy Bday Master Romero
- 9/6 Leadership & Staff Mtg @FO
- 9/7 Free Bo Class for BBC & MC @FO 4:30pm (Bo\$10/rent \$30/buy)
- 9/13 Parent's Night Out Party 7:45
- 9/14 Sword Class @FO 4:30pm
- 9/20 Escrimas @SR 7:30pm
- 4TH Stripe Day & Graduation: SR 9/27, FO 9/28

### NEWS:

- Email Newsletter: If you would like to subscribe, please email us or give your info to the office
- Rate Our School: Go to Yahoo, Google, Yelp, Facebook.com and find our location and give us a review. Help us reach out to our community!
- Find us on Facebook, Instagram and Twitter at the usernames above!
- If you have pictures of past graduations or tournaments that you would like to share, email them or save to CD and send it in.
- New facebook pages:  
Lead By Example Fun CAMPS & Lead By Example Before & Afterschool