



SEPTEMBER

Back To
School!!

Sun	Mon	Tue	Wed	Thu	Friday	Saturday
8/30 FORMS WEEK Full Uniform & Belt Stretchers	8/31	1	2	3	4 SCHOOL CLOSED! NO CLASSES OR CAMP Happy Labor Day Weekend! 9/4-9/7	4 SCHOOL CLOSED! NO CLASSES OR CAMP Happy Labor Day Weekend! 9/4-9/7
6 SPARRING WEEK Bring Equipment	7 SCHOOL CLOSED! NO CLASSES OR CAMP Happy Labor Day Weekend! 9/4-9/7	8	9	10	11 @LBE FO Leadership Class 8pm Staff Meeting 8:30pm	12
13 BASICS WEEK Bring Gloves	14 15 16 17 BRING A FRIEND & BREAK A BOARD WEEK Please arrive 15 min early with your friend and <u>their</u> parent, guests must be new students who have never taken an LBE class and reside within NOVA area You receive a RED Star and a Gift Certificate Your friend receives 1 MONTH of Free Lessons				18 Dodgeball Parent's Night Out Party 7:30-10:30pm (\$25) 6:45-10:30pm (\$40) Games, dodgeball, pizza Invite friends + family!	19
20 FORMS WEEK Full Uniform & Belt Stretchers	21 Yom Kippur CAMP Happy Birthday Ms. Kimi!	22 @FO BB Class Bring Bo Staffs	23	24 @SR BB Class Bring Bo Staffs Happy Birthday Master Evan!	25 @LBE SR 4th Stripe & Graduation 5:45-8:30 NO CLASSES Wear Full uniform, Bring Equipment, ITP & Report Card. Bring Potluck Item	26 @LBE FO 4th Stripe & Graduation Regular Class Schedule Wear Full uniform, Bring Equipment, ITP & Report Card. Bring Potluck Item
27 SPARRING WEEK Bring Equipment	28	29	30	10/1 THINK PINK! Wear your Pink Belts & Tees	10/2 @LBE FO Leadership 8PM Staff Meeting 8:30PM	10/3 @SR CLOSED NO CLASS @FO ADJUSTED SCHEDULE: 11:00 Dragons 11:30 Ninjas + Warriors 12:15-12:45 Orange-Red FORMS 12:45-1:15 Brown-Black FORMS



LBETKD@yahoo.com
www.LBETKD.com
Instagram: @LBETKD
Facebook: Lead By Example
Tae Kwon Do Martial Arts

- **COMING SOON:**
- 10/1 Think Pink & Wear your Pink Tee or Belt all Month to Class
- 10/2 @FO Leadership 8pm
Staff Mtg 8:30pm
- 10/3 Congrats Master Evan on getting Married!!
*NO CLASSES @SR
*Adjusted Class Schedule @FO
- 10/9 Parent's Night Out Party
- 10/10 Self Defense 5pm
- 10/12 Indigenous Peoples' CAMP
- 10/23 @SR Trunk or Treat
- 10/24 @FO Trunk or Treat 8pm
- 10/26 @SR 4th Stripe Testing
- 10/30 @FO 4th Stripe Testing:
Adjusted Class Schedule
- 11/2 & 11/3 TWD+ Election CAMP
- 11/6 @FO Leadership 8pm
Staff Mtg 8:30pm
- 11/14 Black Belt Exam 6pm
- 11/25 Pre-Thanksgiving CAMP Day
- 11/26-28 School Closed—Thanksgiving
- **NEWS:**
- Leave us a REVIEW: Go to Yahoo, Google, Facebook and Yelp, find our location and give us a review. Help us reach out to our community!
- Follow us on Social Media:
Facebook, Instagram & Twitter