The Ki Hap



Kim's Tae Kwon Do

May Championship Tournament

The 45th Annual Championship Tournament will be held on Saturday, May 13th in Portland (Gresham) Oregon. The competition will start at 12 noon, and it will finish about 6pm. All students, White Belt through Advanced Black Belts are eligible to participate.

Tournaments are a good opportunity to compare your skills against other people with common interests and goals as you. In addition, it is a great way to make new friends and force yourself to step out of your comfort zone.

If you are interested in going, please see an instructor to get an application. For Applications turned in before Friday the 12th the registration fee is \$45. After Friday, or at the door registration fee is \$50.

We look forward to seeing everyone there!

Also, be sure to mark your calendars for the August 5th Tournament being held in Renton.

Women's Self-Defense Class

We have two Women's Self-Defense classes coming up soon. Sunday, June 4th, 2—4pm at the Rainier Valley school. Friday, June 16th, 7—9pm at the Renton school.

If you know anyone that is interested in either class, please feel free to share the date and time with them!

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Have You Joined?

We have a student only Facebook page, and we would like to invite all of our members to join the group. People can post questions, comments, etc. And, we will post video of forms, H&F combinations, etc.

Search Kims TKD of Renton Students to find it.

The direct link is:

www.facebook.com/groups/ kimstkdrentonstudents

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Promotion Test Results—April 8th

9th Kup -- Yellow Stripe

Flora Byrnes-Hawkins Oliver Graham **Elliot Graham** Johanna Monsef Catherine Nguyen Nancy Linnerooth Diana Andsager Dong Chu Eva Young Adam Bartz Sam Kim **Emilly Reker** Avani Abad Matias Andsager Jayanth Piratla Yashwanth Piratla Venkata Piratla Hailey Tran Krish Chidambaranathan Celina Nguyen Anson Chen Aden Chen Aikamjot Dhillon Jodhfateh Dhillon Noah Kim Jiyana Vincent Suri Li Wayne Storer Mia Cole-Daum Charley Nagy Siena Hohmann

Kaia Hohmann

8th Kup -- Yellow Belt

Langston Jackson Reggie Jackson **Ekaitz Camano-Platas** Alex Chinowsky Alejandro Camano-Alonso Kelvin Nguyen Kristine Nguyen William Crain Christian Smotts **Andrew Schacht** Elliott Bartz Tyler Luong Elijah Parker **Garrett Cabellon** Jaxon Wright Alexis Nguyen Vu Nguyen Eric Wright Kaden Chung Ian Ndungu Sebastian Graham Luisa Graham

6th Kup -- Blue Belt

Eknoor Kaur Diwan Singh Lucia Olt Aoife Brady Gabriela Romero Alexander Baez Maria Baez Lakshya Upadhyay Ele Brady Sehaj Gill Miles Nguyen

Oliver Parsons **Taylor Will** Tatum Will Abdirahman Ali Jerry Kirsch Eva Hudak **Anthon Pham** Jose Jose Quezada Eriko Kirsch Lisa Eaton Nick Kirsch Lileni Baez **Doris Chen** Emma Chekal Evan Chekal Momoko Kirsch Hyun Keum Sarah Gregory Garima Gupta Ridhima Gupta Ishaan Singh **Trevor Dundas Trent Dundas** Dea Church Nava Carlyle Akua Kariamu **Tavian Phanivong**

Cole Nguyen

7th Kup -- Blue Stripe 5th Kup -- Purple Stripe

Mizan Shepherd **Trillian Haulley Andrew Long** Joshua Law **Ariane Chabot** Julia Blanchet **Andthony Mangus** Phong Vu Danh Nguyen Gabriel Payne

4th Kup -- Purple Belt

Kavla Ford Rob Graham Jude Miko **Brandon Wong** Maria Russo Aly Procaccini

3rd Kup -- Brown Stripe

Krista Reeves Josh Kraman Alden Reeves

2nd Kup -- Brown Belt

Vanessa Kopaniak Matthew Ahearn Rachel Monsef

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Congratulations to everyone who promoted on April 8th! We are proud of your accomplishment, and the progress you are making in Tae Kwon Do. Keep up the good work and take the time to set a new goal for yourself. Remember, the only person who can stop you from reaching your goals is YOU!

We are honored to have you as part of our Tae Kwon Do community, and look forward to helping you reach your next goal.

Kim's Tae Kwon Do

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Phone: (425) 254-3526 Email: kimstkd@att.net

Success Starts Here





Welcome New Students!

Colleen Kelly

Happy Birthday!

Mr. Orellana Anna Sedgwick

Jae Bloomfield Cathy Nguyen

Anson Chen Jayanth Piratla

Vera Henderson Billton Pham

Aidan Holstrom Derek Bui

Elijah Cunningham Wyatt Henderson

Diego Payne Alexander Kunkle

Josiah Monsef Toby Sjolie

Evan Rossman Sehaj Gill

Daniel Tse Matthew Ahearn

Ray Kusumi Pete Mesceda

Stuart Teramoto Isaac Peregrino

Kendall Despi

TKD Anniversaries

The following members began training in May of the year listed. Congratulations!

Mr. Orellana (2001)

Mary Jo Foseid (2006)

Yvonne Nguyen (2014)

Rhone Eiler (2015)

Sehaj Gill (2016)

Alfonso Orellana (2005)

Margaret Moilien (2009)

Serena Dang (2014)

Ibrahim Guanzon (2015)

Phong Vu (2016)

Mr. Gow (2005)

Megan Dang (2014)

Aidan Holstrom (2014)

Brooklynn James (2016)

Doris Chen (2016)