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Word of the Month

ETHICS

Ethics are a big part of who you are. They help determine the actions you take and the decisions you make. Your ethics are your moral compass pointing you in a certain direction. It is important that you have strong ethics to help guide you in the right direction. Try the tasks below to help build strong ethics.

- ☐ Talk to your parents about what you think good ethics are
- ☐ Think of a time you had a tough decision to make. Did your ethics help you to make that decision?
- ☐ Volunteer for an organization with a cause important to you
- ☐ Do a random act of kindness for somebody you care about
- ☐ At your next martial arts class, ask your instructor if there is anything you can help with
- ☐ _____
- ☐ _____
- ☐ _____

RETURN THIS SHEET BEFORE MARCH 31 AND EARN A RUBBER BRACELET!

WEAR YOUR BRACELETS WITH PRIDE TO CLASS! OR, EVEN BETTER, PUT THEM ON YOUR BELT AND SEE HOW MANY YOU CAN COLLECT THIS YEAR!

My child has completed this sheet to the best of their ability _____

I have completed this sheet to the best of my ability _____