



## Tournament Requirements

### Attendance Requirements

Rank	Requirement
White through Advanced Red Belt	To be eligible to test for 1st Dan, <b>at least 1</b> tournament competition while a student at Allstar Martial Arts Academy
1 <sup>st</sup> Dan Black Belt	To be eligible to test for 2nd Dan, a student must compete <b>at least 1</b> tournament competition while a 1 <sup>st</sup> Dan at Allstar Martial Arts Academy
2 <sup>nd</sup> Dan Black Belt	To be eligible to test for 3rd Dan, a student must compete <b>at least 2</b> tournament competitions while a 2nd Dan at Allstar Martial Arts Academy
3 <sup>rd</sup> Dan Black Belt	To be eligible to test for 4th Dan, a student must compete <b>at least 3</b> tournament competitions while a 3rd Dan at Allstar Martial Arts Academy

### Uniform and Sparring Gear Requirements

#### Uniforms for Colored Belts

Students must wear the all-white (no red or blue pants) traditional wrap around uniform with an Allstar logo on the back and must have an Allstar logo patch sewn onto the right front chest and Taekwondo United patch sewn onto the left front chest (see the front desk for sewing instructions). Uniforms must fit appropriately (not too long or short) and appear clean and unstained.

#### Uniforms for Black Belts

Students must wear white pants and the personalized embroidered white heavyweight top with an Allstar logo or Taekwondo United logo on the back and have all required patches sewn on (Allstar or TU back patch, Allstar and TU front patches). Uniforms must fit appropriately (not too long or short) and appear clean and unstained.

#### Sparring Safety Gear

Sparring safety gear **must** be purchased from Allstar Martial Arts Academy and is required for green belt students and higher. Required safety gear includes **TAEKWONDO UNITED LOGO branded foam-dipped head gear, hand pads, foot pads, shin guards, elbow pads, mouth guard, and cup/supporter (males only)**.

All required gear must be foam-dipped red (colored belts) or black (black belts) and have the Taekwondo United logo. Gear colors may not be mixed and matched (only complete red or complete black sets are allowed). Gear may not be torn or tattered and must be in good condition in order to participate in sparring (repairs with tape will not be permitted).