



Bay Area Doula Training is coming to Monterey!

Lead by Neri Life-Choma, founder of the Birth Coach Method, in association with Dr. Vlad M. Leibovsky and CNM Maria Leibovsky of **LAiMA OBGYN**.

January 13th – March 10th, 2018

*Your journey of becoming a birth doula begins with Bay Area doula training! Consisting of five Saturday classes, 15 online virtual classes, and a close supervision process, this program uniquely provides students with 25 practical hours supporting birthing mothers at **the Community Hospital of the Monterey Peninsula (CHOMP)***

[Click Here for Class description and Certification Requirements](#)

In addition to the self-study of 15 virtual classes, five Saturday meetings will be held 11:30 am to 4:30 pm on the following dates: Jan. 13th & 27th, Feb. 10th, March 3rd & 10th. Classes will take place at **Seaside Yoga Sanctuary, 1360 Fremont Blvd, Seaside, CA 93955**

For more information and for registration, please contact trainer Neri Life-Choma at 408-480-1389; neri@BirthCoachMethod.com

About the Trainer:

Neri is a certified Birth Doula and Childbirth Educator, and she is a certified Hypnotherapist and a Life Coach. During her 18 years of practice Neri founded a Hospital based doula support program, and a birth resource center, and directed two birth resource centers, lead hundreds of childbirth education classes and workshops, and supported hundreds of couples throughout their birth. For the past 7 years Neri has been training doulas in the SF Bay Area, and lead professional development workshops for doulas with the goal of integrating coaching skill into the field of birth support. 'The Art of Coaching for Childbirth' workshop is approved for CEUs by several organizations like DONA, LAMAZE, and ICEA. In addition Neri is leading worldwide [webinars](#), enriching birth professionals with coaching tools for childbirth. In November 2016, Neri published her first book [The Art of Coaching for childbirth](#).



Total Cost: \$780; Payment plans are available. **Early birds get 10% off before Dec.15.**