



Yoga Vacation in Switzerland

Leman Lake/Lausanne - Lavaux – Gruyères - Alpes – Jura Mountain Range

From 07/28/2018 until 08/04/2018

8 Days / 7 Nights



Inspired Yoga Travels with *Kālyana Ka* invites you to an authentic yoga vacation in Switzerland on the peaks of the Jura Mountain Range, in a natural park a few kilometers away from France, between lakes, mountains and vineyards that are part of the UNESCO heritage.

You will stay at the renovated farm called La Ferme de la Praz, an historic building and charming bed and breakfast with a fantastic view on the famous Mont Blanc! Enjoy a daily

yoga practice of the body and the mind, discover breathtaking landscapes, historic monuments and local foods, such as, cheese, fondue, wine and chocolate.

With your host Kālyana Karine Amalric and her brother and collaborator Fabrice Amalric at your side, explore Switzerland with the easy confidence that comes with knowledgeable and savvy guides. Kālyana Karine Amalric fell in love with the Romande side of Switzerland where her brother has been living for over ten years. An enchanted land that invites meditation and wonder.



Ask for the e-brochure with the full program and rates.

Contact Info:

USA

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