



Yoon's Martial Arts School Day Camps 2020

14, 3510 - 27th Street N.E., Calgary, AB T1Y 5E2

Telephone (403)-273-5900

www.hapkidoyoon.com

We are happy to inform you that Yoon's Martial Arts will be hosting 1 spring camp and 2 summer day camps again this year. March 23 – March 27, July 6 – July 10, Aug 10 – Aug 14, 2020

Our summer Day camps will give our students the advantage to perfect their techniques and further their martial arts training. It is time spent building their self-confidence and learning an acceptable code of behaviour, manners and discipline. It is a week of camaraderie, friendship and true sportsmanship. We believe that our camp is not only educational and valuable, but a great way for our students to spend a fun week full of exciting activities mixed in with a structured atmosphere.

Typically, this day camp usually puts students about 2-3 months ahead in their training. The summer day camp will take place at Yoon's Martial Arts School, and some activities will take place at a local field.

Activities that will be done:

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|----------------------------|--------------------------------|-------------------------|
| * Self Defence | * Kicking | * Pattern |
| * Shoulder Roll | * Kum sul do | * Korean Wrestling |
| * Martial Arts Games | * Sparring | * Team Sports |
| * Hapkido curriculum | * Team Work activities | * Obstacle Courses |
| * Circuit training | * Flexibility Training | * Constructive lectures |
| * Grappling | * Nerf Tag | * Field Trip |
| * Bully awareness Training | * Stranger-Kid's safe training | * Pizza Day |

Things to bring:

Lunch, (healthy), 2 healthy Snack (no nuts), Bottled Water (at least 1 liter), Running shoes, Boots for March camp if needed, weather appropriate clothing and Jackets for all camps. Cap or hat (summer), Martial arts uniform (for current students), sun screen (summer), bug spray (summer), recreational clothes (2 pairs). Please label all of these items with child's name.

Due to quality of care and instruction, we are opening each camp to maximum of **60 students**, on a first come first serve basis. We will have a 6:1 Black Belt ratio and a smaller teacher to student ratio for our younger students to maintain our quality of care and instruction.

Field Trip Wednesdays:

Our field trips this year will take place on the Wednesday of each camp, at Treehouse Play. An open concept space of 12,000 square feet, includes play structures, games & prizes, air inflatable, rock climbing, game floor, age appropriate arcade, 20-foot slide, Nerf cannons and much more. So, kids will have a variety of things to do. Each child will be issued 10 tokens to play in the arcade as well.

Pizza day Wednesday's:

After playtime at Tree House, kids will have a pizza lunch with juice and snack. Providing lunch that day will not be necessary.

Competition Friday's:

We will be having a Self Defence competition(new) in the march camp, a board breaking competition at the July camp and a Korean wrestling competition in the August camp. All competitions will take place on the Friday of each camp at 9:00 am

Spring/Summer camp will be from 8:00am to 4:00pm. Drop off is at Yoon's Martial Arts school. Pre and Post care is available for \$30.00 for the week or \$10.00 per day, studio opens at 7am for Pre-Care.

Preregistration will be available the studio office. All applications and forms must be filled out and dropped off at Yoon's Martial Arts School by March 14th for the March spring break camp, July 2nd for the July camp, and by August 3rd for the August camp option.

Please call us at 403-273-5900 if you have any questions. Also please visit our web-site www.hapkidoyoon.com for more information, testimonials and more.

Sincerely,
Master Byung Ock Yoon
Grand Master (10th Dan)

Bobby Triantafillou
Master (7th Dan)

Sign up online



SCAN ME

Today!