

# 4 DAY INTENSIVE TRAINING DAY CAMP AGES 14 PLUS



Only 20  
Spots  
Available

**When:** August 7th – 10th

**Where:** Yoon's Martial Arts School

**Time:** 8 AM to 4 PM Tuesday to Friday

**COST:** \$299.00 Members

Main Instructor: Master Bobby

\$349 non-members

## August 7<sup>TH</sup> – 10<sup>TH</sup>

Train hard this summer! This 32 hour camp is designed for students ages 14 plus who are serious about martial arts training. You will receive top notch training, directed by Master Bobby Triantafillou. This week-long camp will bring out the best in you, both physically and mentally.

- Daily combat conditioning
- Weightlifting
- Stretching for martial arts
- Agility training
- Speed training
- Both indoor and outdoor training.
- Grappling

- Self defence
- Mitt and Bag training with the revolutionary Hykso training method, which will allow you to analyze your punch count, power and velocity. This will keep you accountable and competitive against your teammates!
- Hapkido curriculum refinement and training.
- Weapons training, including the sword, staff, short stick, knife, and nun chucks.
- Just hard training!!
- Grappling competition at the end

If you are interested in this camp, please go to [hapkidoyoon.com](http://hapkidoyoon.com) and click on day camp link. There you will find day camp information, and registration. Or fill out the attached sheet.



## YOON'S MARTIAL ARTS 2018 TEEN DAY CAMP

### REGISTRATION FORM

NAME IN FULL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

AGE: \_\_\_\_\_ D.O.B: \_\_\_\_\_ BELT: \_\_\_\_\_

CELL: \_\_\_\_\_ HOME: \_\_\_\_\_

E-Mail: \_\_\_\_\_ ALLERGIES (IF STUDENT HAS ANY): \_\_\_\_\_

ANY MEDICAL CONDITIONS STUDENT MAY HAVE:

\_\_\_\_\_

#### **STATEMENT OF WAIVER:**

I hereby release Yoon's Martial Arts School, Grand Master Byung Ock Yoon, its instructors; and all other employees, contractors and affiliated members, of responsibility, and agree to waive claims against any person partaking in Yoon's Martial Arts School 2018 Teen Day Camp, for any injuries or damage which may occur participating, competing in, or practicing for the event. I am aware that this agreement is a release of liability and responsibility between myself (students and, or Parents/guardian) and Yoon's Martial Arts School, Master Byung Ock Yoon, its instructors; and all other employees and affiliated members. I the student and/or parent/guardian voluntarily agree to each of the terms and provisions thereof and sign this agreement on my own free will.

#### **PHOTO RELEASE**

During the Teen Day Camp, digital media may be taken for media or marketing purpose. If you are willing to participate in film or photo opportunities, please sign the image release below.

I agree to grant Yoon's Martial Arts School permission to take and publish still photographs and moving videos of me. These pictures will be used by Yoon's Martial Arts School for the purpose of displays and promotion only.

I give permission for my photo to be taken.

I do not give permission for my photo to be taken.

SIGNATURE OF CONTESTANT: \_\_\_\_\_

SIGNATURE OF PARENT OR GUARDIAN (If under the age of 18): \_\_\_\_\_

WITNESS: \_\_\_\_\_

DATE: \_\_\_\_\_ 2018

**THIS FORM MUST BE COMPLETED AND RETURNED NO LATER THAN JULY 30<sup>th</sup> 2018**

If we have less than 16 participants registered by July 20<sup>th</sup>, the teen camp will be cancelled. If you plan on attending, we request that you please RSVP by that time.