



# Yoon's Martial Arts School

14, 3510 - 27th Street N.E., Calgary, AB T1Y 5E2

Telephone (403)-273-5900 [www.hapkidoyoon.com](http://www.hapkidoyoon.com)

## Day Camps 2018

We are happy to inform you that Yoon's Martial Arts will be hosting 2 summer day camps again this year.  
**July 9th to July 13th and August 13th to 17th, 2018**

Our summer Day camps will give our students the advantage to perfect their techniques and further their martial arts training. It is time spent building their self-confidence and learning an acceptable code of behaviour, manners and discipline. It is a week of camaraderie, friendship and true sportsmanship. We believe that our camp is not only educational and valuable, but a great way for our students to spend a fun week full of exciting activities mixed in with a structured atmosphere.

Typically this day camp usually puts students about 2-3 months ahead in their training. The summer day camp will take place at Yoon's Martial Arts School, and some activities will take place at a local field.

### Activities that will be done:

- |                      |                        |                         |
|----------------------|------------------------|-------------------------|
| * Self defense       | * Kicking              | * Pattern               |
| * Shoulder Roll      | * Kumsul do            | * Korean Wrestling      |
| * Martial Arts Games | * Sparring             | * Team Sports           |
| * Meditation         | * Team Work activities | * Obstacle Courses      |
| * Circuit training   | * Yoga                 | * Constructive lectures |
| * Grappling          | * Nerf Tag             | * Bounce Castles        |

**\*We will be having a board breaking competition at the July camp and a Korean wrestling in August camp.**

**\*\*This year we also have a field trip and a pizza day booked at Treehouse play to keep the camp fun.**

### Things to bring:

<b>LUNCH (healthy)</b>	<b>2 Heathy Snack (no nuts)</b>	<b>BOTTLED WATER (at least 1 liter)</b>
<b>RUNNING SHOES</b>	<b>CAP OR HAT</b>	<b>UNIFORM</b>
<b>SUNSCREEN</b>	<b>BUG SPRAY</b>	<b>RECREATIONAL CLOTHES (2 pairs)</b>

**PLEASE LABEL (WITH PEN OR FELT MARKER) THESE ITEMS WITH CHILD'S NAME OR INITIALS.**

Due to quality of care and instruction, we are opening each camp to maximum of **60 students**, on a first come first serve basis. We will have a 6:1 Black Belt ratio and a smaller teacher to student ratio for our younger students to maintain our quality of care and instruction.

Our field trip this year will be at Treehouse Play. An open concept space of 12,000 square feet, includes play structures, games & prizes, air inflatable, rock climbing, game floor, age appropriate arcade, 20 foot slide, Nerf cannons and much more. So kids will have a variety of things to do. Each child will be issued five tokens to play in the arcade as well. After playtime, kids will have a pizza lunch with juice and snack. Providing lunch that day will not be necessary. If you would like to give your child some extra pocket money to purchase anything, please feel free to do so.

**Summer camp will be from 8:00am to 4:00pm.** Drop off is at Yoon's Martial Arts school. Pre and Post care is available for \$30.00 for the week or \$10.00 per day, studio opens at 7am for Pre Care.

Preregistration will be available the studio office. All applications and forms must be filled out and dropped off at Yoon's Martial Arts School by July 7th for the July camp, and by August 4th for the August camp option.

Please call us at 403-273-5900 if you have any questions. Also please visit our web-site [www.hapkidoyoon.com](http://www.hapkidoyoon.com) for more information, testimonials and more.

Sincerely,  
Master Byung Ock Yoon  
Grand Master (10th Dan)

Bobby Triantafillou  
Master (7th Dan)