




May 2019



Ages	
Mini Ninjas Class: 4 - 6	Junior Ninjas Class: 11 - 15
Little Ninjas Class: 7 - 10	Masters Class: 7 - 15
	Adult Class: 16 +

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 A 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:00 - Black Belt 6:00-6:45 - Little Ninjas (RS) 6:45-7:30 - Adv. Little Ninjas 7:30-8:30 - Adult Class 8:30-9:00 - Adv. Adult Class	2 B 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class	3 CLOSED	4 B 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
5 CLOSED	6 B 3:30-4:00- Mini Ninjas(OS&BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:15 - Little Ninjas (RS) 6:15-7:00 - Adv. Little Ninjas	7 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	8 A 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:00 - Black Belt 6:00-6:45 - Little Ninjas (RS) 6:45-7:30 - Adv. Little Ninjas 7:30-8:30 - Adult Class 8:30-9:00 - Adv. Adult Class	9 B 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class	10 CLOSED	11 B 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class MOTHERS DAY SELF DEFENSE <small>MOTHERS DAY SELF DEFENSE</small>
12  CLOSED	13 A 3:30-4:00- Mini Ninjas(OS&BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:15 - Little Ninjas (RS) 6:15-7:00 - Adv. Little Ninjas	14 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	15 B 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:00 - Black Belt 6:00-6:45 - Little Ninjas (RS) 6:45-7:30 - Adv. Little Ninjas 7:30-8:30 - Adult Class 8:30-9:00 - Adv. Adult Class	16 B 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class	17 CLOSED	18 A 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
19 CLOSED	20 A 3:30-4:00- Mini Ninjas(OS&BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:15 - Little Ninjas (RS) 6:15-7:00 - Adv. Little Ninjas	21 B 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	22 B 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:00 - Black Belt 6:00-6:45 - Little Ninjas (RS) 6:45-7:30 - Adv. Little Ninjas 7:30-8:30 - Adult Class 8:30-9:00 - Adv. Adult Class	23 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class	24 CLOSED	25 CLOSED FOR  WEEKEND
26 CLOSED	27  CLOSED	28 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	29 KYU TESTING 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:00 - Black Belt 6:00-6:45 - Little Ninjas (RS) 6:45-7:30 - Adv. Little Ninjas 7:30-8:30 - Adult Class 8:30-9:00 - Adv. Adult Class	30 KYU TESTING 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class	31 CLOSED	