




March 2020



Ages	
Mini Ninjas Class: 4 - 6	Junior Ninjas Class: 11 - 15
Little Ninjas Class: 7 - 10	Masters Class: 7 - 15
	Adult Class: 16 +

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CLOSED	2 3:30-4:00- Mini Ninjas (OS&BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:15 - Little Ninjas (RS) 6:15-7:00 - Adv. Little Ninjas	3 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	4 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:00 - Black Belt 6:00-6:45 - Little Ninjas (RS) 6:45-7:30 - Adv. Little Ninjas 7:30-8:30 - Adult Class 8:30-9:00 - Adv. Adult Class	5 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class	6 CLOSED	7 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
8  CLOSED	9 3:30-4:00- Mini Ninjas (OS&BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:15 - Little Ninjas (RS) 6:15-7:00 - Adv. Little Ninjas	10 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	11 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:00 - Black Belt 6:00-6:45 - Little Ninjas (RS) 6:45-7:30 - Adv. Little Ninjas 7:30-8:30 - Adult Class 8:30-9:00 - Adv. Adult Class	12 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class	13 CLOSED	14 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class 
15 CLOSED	16 3:30-4:00- Mini Ninjas (OS&BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:15 - Little Ninjas (RS) 6:15-7:00 - Adv. Little Ninjas	17 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	18 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:00 - Black Belt 6:00-6:45 - Little Ninjas (RS) 6:45-7:30 - Adv. Little Ninjas 7:30-8:30 - Adult Class 8:30-9:00 - Adv. Adult Class 8	19 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class	20 CLOSED	21 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
22 CLOSED	23 3:30-4:00- Mini Ninjas (OS&BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:15 - Little Ninjas (RS) 6:15-7:00 - Adv. Little Ninjas	24 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	25 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:00 - Black Belt 6:00-6:45 - Little Ninjas (RS) 6:45-7:30 - Adv. Little Ninjas 7:30-8:30 - Adult Class 8:30-9:00 - Adv. Adult Class	26 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class	27 CLOSED	28 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class 
29 CLOSED	30 KYU TESTING 3:30-4:00- Mini Ninjas (OS&BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:15 - Little Ninjas (RS) 6:15-7:00 - Adv. Little Ninjas	31 KYU TESTING 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	April 1 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:45 - Little Ninjas (BS) 4:45-5:30 - Junior Ninjas 5:30-6:00 - Black Belt 6:00-6:45 - Little Ninjas (RS) 6:45-7:30 - Adv. Little Ninjas 7:30-8:30 - Adult Class 8:30-9:00 - Adv. Adult Class	April 2 3:15-3:45 - Mini Ninjas (OS) 3:45-4:30 - Little Ninjas (RS) 4:30-5:15 - Adv. Little Ninjas 5:15-5:45 - Black Belt 5:45-6:15 - Mini Ninjas (BS) 6:15-7:00 - Little Ninjas (BS) 7:00-7:45 - Junior Ninjas 7:45-8:45 - Adult Class	April 3 CLOSED	April 4 NO YOGA 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class