July 2018

THE WAY OF THE SHADOW
MARTIAL ARTS ACADEMY

Ages

Micro Ninjas Class: 3 - 4
Mini Ninjas Class: 4 - 6
Little Ninjas Class: 7 - 10
Junior Ninjas Class: 11 - 15
Masters Class: 7 - 15
Adult Class: 16 +

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CLOSED	2 A 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult ClasS	3 A 2:15-2:45 Micro Ninjas 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Little Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	4 CLOSED	5 B 2:15-2:45 - Micro Ninjas 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Junior Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - X-Factor Training	6 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Junior Black Belts 6:30-7:30 – Adult Class	7 A 9:00-9:30am - Little Black Belt 9:30-10:30am - Masters 10:30-11am - Junior Black Belt 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
8 CLOSED	9 B 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	10 B 2:15-2:45 Micro Ninjas 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Little Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	11 A 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	12 A 2:15-2:45 - Micro Ninjas 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Junior Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - X-Factor Training	13 B 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Junior Black Belts 6:30-7:30 - Adult Class	14 B 9:00-9:30am - Little Black Belt 9:30-10:30am - Masters 10:30-11am - Junior Black Belt 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
15 CLOSED	16 A 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	17 A 2:15-2:45 Micro Ninjas 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Little Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	18 B 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	19 B 2:15-2"45 - Micro Ninjas 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Junior Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - X-Factor Training	20 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Junior Black Belts 6:30-7:30 - Adult Class	21 A 9:00-9:30am - Little Black Belt 9:30-10:30am - Masters 10:30-11am - Junior Black Belt 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
22 CLOSED	23 B 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	24 B 2:15-2:45 Micro Ninjas 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Little Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	25 A 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	26 A 2:15-2:45 - Micro Ninjas 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Junior Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class	27 B 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Junior Black Belts 6:30-7:30 - Adult Class	28 B 9:00-9:30am - Little Black Belt 9:30-10:30am - Masters 10:30-11am - Junior Black Belt 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
29 CLOSED	30 KYU TESTING 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	31 KYU TESTING 2:15-2:45 Micro Ninjas 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Little Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	Aug 1 B 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	Aug 2 B 2:15-2:45 - Micro Ninjas 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Junior Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - X-Factor Training	Aug 3 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Junior Black Belts 6:30-7:30 – Adult Class	Aug 4 A 9:00-9:30am - Little Black Belt 9:30-10:30am - Masters 10:30-11am - Junior Black Belt 11:00-12:00pm – Adult Class 12:00-12:30pm – Adv. Adult Class