


# January 2019



Ages	
Mini Ninjas Class: 4 - 6	Junior Ninjas Class: 11 - 15
Little Ninjas Class: 7 - 10	Masters Class: 7 - 15
	Adult Class: 16 +

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dec 30 <b>CLOSED</b>	Dec 31 <b>CLOSED</b>	Jan 1 <b>HAPPY NEW YEAR 2019</b> <b>CLOSED</b>	2 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	3 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class	4 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Black Belts 6:30-7:00 - Adult Intro/Review	5 <b>NO YOGA CLASS</b> 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
6 <b>CLOSED</b>	7 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	8 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	9 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	10 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class	11 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Black Belts 6:30-7:00 - Adult Intro/Review	12 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
13 <b>CLOSED</b>	14 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	15 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	16 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	17 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class	18 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Black Belts 6:30-7:00 - Adult Intro/Review	19 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
20 <b>CLOSED</b>	21 <b>CLOSED</b>  Martin Luther King, Jr. Day (Ninjas take over Mulligans)	22 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	23 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	24 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class	25 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Black Belts 6:30-7:00 - Adult Intro/Review	26 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
27 <b>CLOSED</b>	28 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	29 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	30 <b>KYU TESTING</b> 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	31 <b>KYU TESTING</b> 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 - Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class	Feb 1 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Black Belts 6:30-7:00 - Adult Intro/Review	Feb 2 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class