



February 2019



Ages	
Mini Ninjas Class: 4 - 6	Junior Ninjas Class: 11 - 15
Little Ninjas Class: 7 - 10	Masters Class: 7 - 15
	Adult Class: 16 +

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Black Belts 6:30-7:00 - Adult Intro/ Review Class	2 A 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
3 CLOSED	4 B 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	5 B 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	6 A 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	7 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:30-5:15 - Junior Ninjas 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class	8 B 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Black Belts 6:30-7:00 - Adult Intro/ Review Class	9 B 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class 
10 CLOSED	11 A 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	12 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	13 B 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	14 B 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class	15 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Black Belts 6:30-7:00 - Adult Intro/ Review Class	16 A 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
17 CLOSED	18  CLOSED	19 B 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	20 A 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	21 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class	22 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Mini Ninjas (BS) 4:15-4:45 - Little Ninjas Sparring (Age 7-8) 4:45-5:15 - Little Ninjas Sparring (Age 9-10) 5:15-6:00 - Junior Ninjas Sparring 6:00-6:30 - Black Belts 6:30-7:00 - Adult Intro/ Review Class	23 B 7:50-9:00am Yoga with Dayna 9:30-10:30am - Masters 10:30-11:00 - Black Belts 11:00-12pm - Adult Class 12:00-12:30pm - Adv. Adult Class
24 CLOSED	25 A 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	26 A 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class 8:45-9:30 - Adult Black Belts	27 KYU TESTING 3:00-3:30 - Mini Ninjas (OS) 3:30-4:00 - Mini Ninjas (BS) 4:00-4:30 - Little Ninjas (BS) 4:30-5:15 - Junior Ninjas 5:15-6:00 - Adv. Junior Ninjas 6:00-6:30 - Little Ninjas (RS) 6:30-7:00 - Adv. Little Ninjas 7:00-8:00 - Adult Class 8:00-8:30 - Adv. Adult Class	28 KYU TESTING 3:15-3:45 - Mini Ninjas (OS) 3:45-4:15 - Little Ninjas (RS) 4:15-4:45 - Adv. Little Ninjas 4:45-5:15 Black Belts 5:15-5:45 - Mini Ninjas (BS) 5:45-6:15 - Little Ninjas (BS) 6:15-7:00 - Junior Ninjas 7:00-7:45 - Adv. Junior Ninjas 7:45-8:45 - Adult Class		