

609-378-5980	Championship Martial Arts Class Schedule				<i>Begins January 2018</i>
Mon	Tues	Wed	Thurs	Fri	Sat
A Day Curriculum		B Day Theme		C Day	
Birthday Parties Fridays, Saturday, & Sundays. Private Lessons By Appointment					
Future Kidz (2.5 - 5 yr olds)					
		4:30 - 5:00			9:00 - 9:30
Leadership Lions (5 - 7 yr olds)					
5:15 - 5:45	4:45 - 5:15	5:30 - 6:00	4:45 - 5:15		9:30 - 10:00
Karate Kidz Beg (White, Yellow, Orange Belts)					
4:45 - 5:15	6:00 - 6:30	5:00 - 5:30	6:30 - 7:00		10:00 - 10:30
Karate Kidz Int (Green, Blue, Purple Belts)					
6:30 - 7:10	5:15 - 5:55				11:00 - 11:40
Karate Kidz Adv. (Red, High Red, Brown)					
5:45 - 6:25	6:30 - 7:10				11:00 - 11:40
Teen/Adults (All Ranks)					
7:15 - 8:00		7:15 - 8:00			Follow Kkid Schedule
Black Belt Cadidates					
	7:15 - 7:55			5:00 -5:45 wk 2 & 4	12:15 - 12:55
Black Belts					
	7:15 - 7:55		7:00 7:40	5:00 -5:45 wk 2 & 4	12:15 - 12:55
Black Belt Club					
		6:00 - 6:30	5:15 - 5:45		10:30 - 11:00
Masters Club					
		6:30 - 7:10	5:50 - 6:30		11:45 - 12:15
Leadership Team					
				5:00 - 6:00 wk 1 & 3	
Performance Team					
				6:00 - 7:15 wk 1 & 3 5:45 - 7:15 wk w & 4	
Cage Fitness & Kickboxing					
	8:00 - 8:30		7:45 - 8:15		8:15 - 8:45
Classes Change as Students Rank and Seasons Change					
Web: ChampionshipNj.com Facebook: PlainsboroKarate.com Mobile App: ChampionshipMartialArts.Teamapp.com					