

**New Studio Schedule  
January to May 2018**



	A DAY		B DAY		SPECIALS
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
4:30p-5:10p	Adv/Blackbelts	Lil Dragons	Adv/Blackbelts	Lil Dragons	8:00-8:50a Black Belt Fit
5:10p-5:50p	Intermediate	Adv/Blackbelts	Intermediate	Beginner	9:00-9:45a Lil Dragons
5:50p-6:30p	Lil Dragons	Kid Tigers	Lil Dragons	Kid Tigers	9:45-10:30a Kid Tigers
6:30p-7:10p	Kid Tigers	Beginner	Kid Tigers	Intermediate	10:30-11:30a OPEN WORKOUT
7:10p-7:50p	Beginner	Intermediate	Beginner	Adv/Blackbelts	
7:50p-8:30p	Adult TKD	Adult TKD/ Pink & Blue Ninjas	Adult TKD	Adult TKD/ Pink & Blue Ninjas	

**Lil' Dragons:** Ages 3-5 | **Kid Tigers:** Ages 6-8

**Beginner TKD:** White belt through Gold Belt

**Intermediate TKD:** Purple through Brown Stripe

**Advanced/Blackbelt TKD:** Brown Belt through Black Belt

**Adult TKD:** All belt levels (ages 13 & up)