



# JANUARY 2018



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| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  |
|--|---|--|---|---|--|---|
|  | <b>1</b><br>Happy New Year!<br><br><b>SCHOOL CLOSED</b>   | <b>2</b><br>New Year Holiday<br><br><b>SCHOOL CLOSED</b>                     | <b>3</b>  | <b>4</b>  | <b>5</b><br><br>TT: Teamwork   | <b>6</b>  |
| <b>7</b><br><b>Goals Week! Be Ready to Take on 2018!</b>   | <b>8</b><br><b>Exam Schedule Posted</b><br><br>TT: Memory   | <b>9</b><br>2 <sup>nd</sup> Stripe White/BB<br>Purple Stripe                 | <b>10</b><br>2 <sup>nd</sup> Stripe White/BB<br>Purple Stripe                   | <b>11</b><br>2 <sup>nd</sup> Stripe White/BB<br>Purple Stripe   | <b>12</b><br>2 <sup>nd</sup> Stripe White/BB<br>Purple Stripe<br><br>TT: Focus | <b>13</b><br><b>Black Stripe Exams</b><br>See schedule for all exam and class times.<br><br><b>Instructor Meeting 8:30 am</b> |
| <b>14</b><br><b>Records Week</b><br>Be sure to check your address, email, and class days so we can better serve you! | <b>15</b><br>Martin Luther King Jr. Day<br><br>TT: Balance  | <b>16</b>  | <b>17</b><br><u>Special Class</u><br><b>Strength &amp; Conditioning 6:30 pm</b> | <b>18</b>   | <b>19</b><br><br>TT: Fitness   | <b>20</b>   |
| <b>21</b>  | <b>22</b><br><u>Special Class</u><br><b>Kid Strong 5:30 pm</b><br><br><b>Instructor Class 6:30 PM</b> | <b>23</b>  | <b>24</b>   | <b>25</b>   | <b>26</b><br><br>TT: Memory  | <b>27</b>   |
| <b>28</b>  | <b>29</b><br>1 <sup>st</sup> Stripe Black<br>3 <sup>rd</sup> Stripe White/BB<br><br>TT: Coordination  | <b>30</b><br>1 <sup>st</sup> Stripe Black<br>3 <sup>rd</sup> Stripe White/BB | <b>31</b><br>1 <sup>st</sup> Stripe Black<br>3 <sup>rd</sup> Stripe White/BB    | <b>Happy New Year! We hope you enjoyed your Holidays! We are ready to help you take on 2018 and achieve your goals!</b><br><br><b>Michigan CKD Winterfest is Back This Year! Coming March 2018!!! More details coming soon!</b> |  |   |