

# 2017 Schedule

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Dynamites Martial Arts Class</b>	5:00pm - 5:30pm		5:00pm - 5:30pm	5:00pm - 5:30pm		
<b>Youth Martial Arts Class</b>	5:40pm - 6:25pm		5:40pm - 6:25pm	5:40pm - 6:25pm		
<b>Adult/Teen Martial Arts Class</b>	6:30pm - 7:30pm		6:30pm - 7:30pm	6:30pm - 7:30pm		
<b>Adult HapKiDo Class</b>				7:00am - 8:00am		
<b>Yoga Class</b>		6:00pm - 7:00pm				8:00am - 9:00am
<b>Promotion Testing</b>						Announced each month
<b>Speciality Class</b>					Announced when scheduled	Announced when scheduled
<b>Elite Health Club Staffed Hours</b>	4:30pm - 7:30pm or by appointment	By appointment only	4:30pm - 7:30pm or by appointment	4:30pm - 7:30pm or by appointment	By appointment only	

Summer Break: July 3-6

Fall Break: November 22-23

Winter Break: December 25 - January 1st