



# READY TO RIDE?



## GROMS - FULL DAY

**DATE: APRIL 19**

**TIME: 9:00AM - 4:00PM**

**LOCATION: COUGAR SMITH  
BIKE PARK**



## What to bring!

- **HELMET**
- **KNEE PADS**
- **GLOVES**
- **CLOSED TOE SHOES**
- **BACKPACK**
- **WATERBOTTLE**
- **SNACK**
- **SPARE TUBE (MUST FIT THE RIDERS TIRE)**
- **EMAIL [DAVE\\_OSBORNE@PORTALBERNI.CA](mailto:DAVE_OSBORNE@PORTALBERNI.CA)  
TO BORROW A FULL FACE HELMET**



## Information

- **If weather is poor, cancelations of sessions will be announced 2 hours before the session starts. Refunds will be issued for the cancelled session.**
- **No refunds are issues for riders missing sessions due to personal reasons**
- **Please dress for the weather and arrive in clothes that can get wet, muddy and keep riders warm in cold weather and cool in hot weather**
- **Please arrive on time for the session**
- **Please ensure your bike is in safe and efficient riding condition**
- **Please call Echo Centre at 250-723-2181 if you are unable to attend in advance to the start of the session.**