

# Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"A" Class	"B" Class	"A" Class	"B" Class	"C" Class	"C" Class
3:30	1 to 3 pm	3:30	1 to 3 pm	1 to 3 pm	9:00 AM
White Belts	Open Floor Daily	White Belts	Open Floor Daily	Private Training Available	Fitness Boot Camp
4:00		4:00		4:00	10:00 AM
Yellow Belts		Green & Brown Belts		Open Floor	White Belts
4:45	4:30	4:45	4:30	5:00	10:30 AM "B"
Black Belts	All Belts "B" Class	Orange & Blue Belts	All Belts "B" Class	Leadership	Yellow-Orange-Blue
5:30	5:30	5:30	5:30	5:45	11:15 AM "B"
Orange & Blue Belts	White Belts	Yellow Belts	White Belts	White-Yellow-Orange Belts	Green-Brown-Black
6:15	6:00	6:15	6:00	Make-up "A"	12:00 PM
White Belts	New	White Belts	Black Belt	6:30	All Belts "A" Class
6:45	Student	6:45	Boot Camp	Blue-Green-Brown Belts	Birthday Parties
Green & Brown Belts	Workshop	Black Belts	Bring all of your stuff	Make-up "A"	Saturday & Sunday
7:30 Teens/Adults	7:00	7:30 Teens/Adults	7:00	7:15	Please book 1 month in advance
Make-up "A" Class	All Belts "B" Class	Make-up "A" Class	All Belts "B" Class	Leadership	
8:15		8:15	8:00	8:00	
Fitness Boot Camp		Fitness Boot Camp	Fitness Boot Camp	Black Belts	

White Belts may choose any 3 classes per week  
 Yellow and Higher: Please Choose 1 "A" Day and 1 "B" Day to attend a week

Leadership and Black Belt Boot Camp are by invitation Only  
 Make-up Sessions available for students who miss more than 1 week

Daily Class Themes  
 "A" Day: Forms and Weapons  
 "B" Day: Self-defense and Sparring  
 "C" Day: Leadership or Make-up  
 Leadership and Black Belt Boot Camp  
 are by invitation Only



**Effective**  
**March 30, 2015**

**Red Dragon Karate**  
**Team Chino Hills**  
 (909) 517-2298  
[rdkchinohills@verizon.net](mailto:rdkchinohills@verizon.net)  
 Our website at [rdkchinohills.com](http://rdkchinohills.com)  
**"Creating Champions for the Game of Life"**

