

STUDENT ETIQUETTE

- Show up 15 min or earlier for class.
- Bow on and off the mat.
- Wear your color ranked shirt or below.
- Keep up with personal hygiene.
- Please ask for permission to attend class if you're late.
- Please inform your instructor ahead of time if you need to leave early.
- Respect your Academy.
- Respect your Training partners and Yourself.
- Get better, get tired and smile!

