

Talon Martial Arts Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
9:30 AM		Tigers		Tigers		8:30 AM	All Students Forms/Sparring
10:30 AM		Kids TKD		Kids TKD		9:00 AM	
4:00 PM	Kids TKD	Kids TKD	Kids TKD	Kids TKD		9:30 AM	
5:15 PM	Beginner/Tigers Forms	Kids Sparring	Beginner/Tigers Forms	Intermediate Forms		10:00 AM	
6:00 PM	Kids Sparring	Beginner/Tigers Forms	Intermediate Forms	Beginner/Tigers Forms	All Students Forms	1:00 PM	Birthday Party (call to Schedule)
6:45 PM	Adult/Advanced Sparring	Adult	Advanced	Adult	Weapons	3:00 PM	Birthday Party (call to Schedule)
7:30 PM	KickBoxing Cardio	KickBoxing Sparring	KickBoxing Cardio	KickBoxing Sparring	KickBoxing Cardio	6:00 PM	Parent's Night Out (see Info Board)

"BUILDING LEADERS ONE KICK AT A TIME"

Most Classes are 45 Minutes long
 Tigers & Weapons are 25 Minutes
 Saturday All Students Class is 90 Minutes

Call to schedule your FREE Private Intro Class
 Call to Schedule your Totally Kickin' Karate Birthday Party
 Check Announcements for PNO Schedule