



“Organized like a team, fighting like a Family”

**Brazilian Jiu-Jitsu - Mixed Martial Arts - Self Defense - Yoga
GRACIE BARRA PEARLAND SCHEDULE 2018**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Adult All Levels 6:30am-7:30am		Adult All Levels 6:30am-7:30am		
	Live Training 7:30am-8:00am		Live Training 7:30am-8:00am		GB Kids Ages 4-8 10am-10:45am
					GB Kids Ages 9-15 10:45am-11:30am
Adult All Levels 11 am-12 pm	Adult All Levels 11 am-12 pm	Adult All Levels 11 am-12 pm	Adult All Levels 11 am-12 pm		Adult All Levels 11:30 am-12:30 pm
Live Training 12-12:30 pm	Live Training 12-12:30 pm	Live Training 12-12:30 pm	Live Training 12-12:30 pm		Live Training 12:30-1 pm
	GB Kids I Ages 4-6 5:00 – 5:45 pm		GB Kids I Ages 4-6 5:00 – 5:45 pm		
Juniors/Teens 5:30 – 6:30 pm	GB Kids II Ages 7-9 5:45 – 6:30 pm	Juniors/Teens 5:30 – 6:30 pm	GB Kids II Ages 7-9 5:45 – 6:30 pm	No Gi Kids 7 and Up 5:30 – 6:30 pm	
Adult All Levels 6:30 – 7:45 pm	Advanced 6:30-7:30 pm	Fundamentals 6:30 – 7:30 pm	Advanced 6:30-7:30 pm	Advanced Competition Class 6:30-8:00 pm	
Yoga for BJJ 7:45-8:30 pm	Fundamentals 7:30 – 8:30 pm	No Gi 7:30-8:30 pm	Fundamentals 7:30 – 8:30 pm		
		Live Training 8:30 – 9:00 pm			

GRACIE BARRA PEARLAND

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