

TESTING TIME GUIDELINE, REQUIRED # OF CLASSES & EQUIPMENT

Rank	Months	Per Week	Total Classes	Required Equipment
White	2+	2x	16 +	Sparring Hands
Orange	2+	2x	16+	Chest protector
Gold	2+	2-3x	20+	Sparring Feet, Groin Cup (boys/men)
Green	4+	3x	48+	Head Gear, Mouth Piece
Purple	4+	3x	48+	Sticks
Blue	4+	3x	48+	Shin Guards
Blue 1	4+	3x	48+	Boxing Gloves
Brown	4+	3x	48+	
Brown 1	4+	3x	48+	
Red	6+	3x	72+	
Red 1	6+	3x	72+	
Red/Black	6+	4x		

Note: Actual test time varies per student. These are just the **minimum** requirements at each belt level
 All belt levels need instructor approval to be invited to belt testing.