

**DSA ROYAL INTERNATIONAL TAEKWON-DO  
WELCOMES YOU TO A TEST OF SKILLS!**

# **2017 ITF OF BC PROVINCIAL TAEKWON-DO CHAMPIONSHIPS**



**PATTERNS  
SPARRING  
POWERBREAKING  
SPECIALTY BREAKING  
TEAM SPARRING**

**and  
SPECIAL NEEDS  
PATTERNS  
PARTNER SPARRING**

**Richmond Olympic Oval  
September 23, Bow in at 8:30am**

**Register online by September 10:  
[itfofbc.com/2017provincials.html](http://itfofbc.com/2017provincials.html)  
Host: Mr. Darius Andaya, IV Dan  
email: [dsataekwondo@gmail.com](mailto:dsataekwondo@gmail.com)  
call: (604)355-0372**

**DSATAEKWONDO.COM**





## **2017 ITF of BC Provincial Taekwon-do Championships September 23 Saturday**

Dear Masters, Instructors and Students,

All Coloured Belt and Black Belt members of the International Taekwon-Do Federation of British Columbia are invited to participate in the 2017 ITF of BC Taekwon-do Championships in the beautiful City of Richmond, B.C.

This Championships will be held at the Richmond Olympic Oval, site of the 2010 Vancouver Olympics.

Please direct your competitors to the links below for registration and other information:  
[www.itfofbc.com/2017provincials.html](http://www.itfofbc.com/2017provincials.html)

It is our goal to provide an excellent and memorable experience for all participants and their supporters. This will be a well organized event with an excellent level of competition and sportsmanship, demonstrating the true spirit of the original ITF Taekwon-Do.

In addition, a Special Needs Taekwon-do Division will be available for our students with disabilities so that they may be able to experience competition at their own speed. Please see the adapted rules for Patterns and Partner Sparring.

All black and red belts ages 14 and older who will be required to umpire will receive lunch. Lunch breaks will be on a rotational basis and will begin at Noon. We will be making use of the "On Deck" system to ensure that all rings are constantly running and all competitors have ample time to check in. All competing students will receive a certificate of participation.

**Come and join us at the BC Provincials this fall!**

Sincerely,

Darius Andaya (IV Dan)

**Richmond Olympic Oval**

**6111 River Road,  
Richmond, BC**

**Open to all  
belt levels  
ages 4 and up**

**Hosted by:  
DSA Royal  
International  
Taekwon-do**

**For more Info:  
Tel: (604) 355-0372**



# 2017 ITF of BC Provincial Taekwon-do Championships

## EVENT INFORMATION

**What:** 2017 ITF of BC Taekwon-do Championships

**Who:** All ITF of BC affiliated schools and practitioners.

**When:** Saturday, September 23, 2017  
Bow in at 8:30am.  
*See web page and following pages for full schedule details.*

**Where:** Richmond Olympic Oval  
6111 River Road, Richmond, BC

**Hosted By:** DSA Royal International Taekwon-Do  
Contact: Darius Andaya  
Email: [dsataekwondo@gmail.com](mailto:dsataekwondo@gmail.com)  
Tel: 604-355-0372

**Registration:** All registrations will be on-line by Internet only at  
<http://itfofbc.com/2017provincials.html>  
Registration closes by 11 pm September 10, 2017.

### Fees:

Coloured Belts (all) Patterns and/or Sparring.....\$50

Black Belts (all) Patterns and/or Sparring.....\$50

Special Needs Patterns and/or Partner Sparring ....\$50

Breaking Events - Blackbelts Only

Power Breaking .....\$20

Special Technique .....\$20

Team Sparring .....\$50 per team

**After Close of Registration, there will be no refunds of registration fees for any reason.  
Before close of registration, refunds are subject to a \$10 processing fee.**



# 2017 ITF of BC Provincial Taekwon-do Championships

## Important information regarding Registration:

**Instructors:** All participants in this event must use our online registration system. Please direct all students to the tournament web page at: [www.itfofbc.com/2017provincials.html](http://www.itfofbc.com/2017provincials.html)

After close of registration, a report will be sent back to each Instructor to double check for correct weight, height, age, rank and gender as well as the assigned division for each of their competitors.

Please remind parents and students to be accurate with the information they enter in this form. After the close of registration and completion of initial instructor feedback, there will be a fee of \$20, paid in advance, for any changes required due to mistakes made entering information.

\*\*\* **Instructors** are asked to take responsibility for on-line registration of any students who do not have access to the Internet or do not have credit cards. If there are any difficulties, please contact Mr. Andaya at 604-355-0372 or [dsataekwondo@gmail.com](mailto:dsataekwondo@gmail.com).

## Schedule of Events

Please note that these times are tentative, and will be confirmed as more details become available. The most up-to-date schedule of events can be found on the web page. A final schedule will be published in the week prior to the event.

Friday September 22, 2017 Competitors and Officials arrive in Burnaby, BC

6pm-7:30pm

Coaches pick up Tournament Packages and Black Belt Weigh-in at Event Hotel.

Friday September 22, 2017 8-9pm Umpire Refresher Course at Host hotel

Saturday September 23, 2017

7:30am-8:30 Blackbelt Weigh in at Venue

8:00am Black Belt & Officials meeting – all Black Belts age 14 and up, and all Officials must be present

8:30am Opening Ceremonies

9am-1pm Coloured Belt competition

2pm-5pm Black Belt competition

## Competitor Check-in

Tournament check-in packages will be given to Coaches or school representative at the Weigh ins on Friday night or Early Saturday Morning.

## Black Belt Weight Verification

Because of the smaller number of Black Belts competing at the Provincial level, the current ITF Free Sparring weight divisions will not be used. Instead Black Belts will be grouped into 2 to 4 weight classes, depending on the number registered and the weight distribution.

All Black Belts, all ages, including Pre-Juniors and Super Seniors, who are competing in Free Sparring must have their weight verified at the weigh-ins prior to competing. Weigh-in procedure will follow ITF World Junior/Senior Championships procedures.

All Black Belts must be within +/- 3kg of their stated weight or they will be disqualified from Free Sparring with no refund of any registration fees.

Weight checks will be available on Friday September 22 at the host hotel from 6pm until 7:30pm and at the tournament venue on Saturday September 23 from 7:30am until 8:30am. Competitors are encouraged to weigh

# **2017 ITF of BC Provincial Taekwon-do Championships**

-in on Saturday night so they don't get caught in the crush on Saturday morning.

## **Colour Belt Age Categories**

Minimum age is 4 years old. As per CTFI competition rules, the appropriate age division for all competitors will be determined based on the age of the person on the day of the Tournament. Coloured Belt competitors will be placed in age categories taking into account the other people registered to compete. Groups of less than 3 may be moved into other categories.

## **Black Belt Age Categories**

Junior Black Belt divisions are age 14-17. Senior divisions are 18+ as defined by the ITF competition rules. The qualifying age will be determined based on the age of the person on the day of the Tournament. "Competing up" will not be allowed.

## **Division merging**

Categories or divisions based on age, rank or weight may be merged as needed. This applies to all Colour Belt and Black Belt categories at this event.

## **Insurance**

The tournament Organizing Committee, the International Taekwon-Do Federation of British Columbia (ITF of BC) and its Board of Directors, the Canadian Taekwon-Do Federation International (CTFI) and the International Taekwon-Do Federation (ITF) are not responsible for any injuries.

Current members in good standing of the ITF of BC may participate in this event. Schools who are members of the ITF/CTFI must provide proof of third party liability insurance meeting the requirements of the ITF of BC. Competitors from schools who cannot provide the required proof of insurance will be removed from competition with no refund of any fees paid.

Note: Only ITF of BC Schools can participate in this sanctioned event.

## **Mandatory Safety equipment:**

- Hand and foot safety equipment (one set CTFI approved type for blackbelt, foam dipped for coloured ok)
- Mouth guard
- Groin protection for all males (must be worn inside the trousers)
- Head protector (foam dipped ok for Super Seniors and Pre Junior blackbelts)

## **Optional Safety equipment:**

- Shin and forearm protectors of an approved type (no hard materials);
- Groin protection or chest protection for females (must be worn inside the dobok)

Note: Students without required safety equipment will not be allowed to compete. Competitors sharing equipment is welcomed. No jewellery, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.

## **Tournament Rules**

All events at this tournament will follow the Canadian Taekwon-Do Federation International (CTFI) Rules for Coloured Belt Competition and the International Taekwon-Do Federation (ITF) Rules for Black Belt Competition.

# 2017 ITF of BC Provincial Taekwon-do Championships

Special additions to these rules are as listed below.

## Patterns:

Coloured Belt competitors will perform one Optional pattern which may be the pattern of their rank or the pattern immediately below their current rank to accommodate recently promoted students. Coloured Belts may not perform any pattern above that of their current rank.

## PreJunior/Super Seniors

All Matches: One designated pattern for eliminations (pattern on rank level)

## Junior and Senior Black Belts all matches

1. First designated: any of 3 pattern on rank level (of competitor with the lower rank)
2. Second designated: Chonji to any Patterns of rank except first designated.

## Mixed degrees:

If competitors compete with someone not of the same rank, the patterns to be used will be the patterns of the lower ranked competitor.

## Special Needs Adapted Tournament Regulations

1. Competitors shall be divided into three categories of reference:
  - Motor/Physical Impairment including loss, malformation or abnormality in the skeletal, muscular or neurological systems responsible for body motion. E.g. Those suffering polio, spinal cord injuries, paralysis, amputations.
  - Sensory Impairment: For those with severe visual impairments, severe hearing impairments and those with language and communication disabilities that prevents them from competing in regular competition divisions. E.g. Blind, deaf, mute.
  - Intellectual: For those characterized by a decline in higher mental functions (intelligence, language, learning, etc.) as well as motor functions. This covers a wide variety of diseases and disorders including Down Syndrome, Cerebral Palsy, Asperger, Tourettes, to name a few.
2. Participants must be accompanied by an adult (aged 21+) who will be responsible for the conduct and behaviour of the participant.
3. Participants must have a medical certificate describing participant's disability. See attached Schedule A.
4. The organizers may amalgamate categories, if necessary, depending on number of participants. A maximum of 4 participants per division shall be maintained.

## 5. EVENTS

### Pattern Scoring (Single Elimination)

- Technical Content (5 points)
- Power (5 points) Breathing (5 points)
- Breathing (5 points)
- Rhythm (5 points)

### Partner Sparring (instead of free sparring)

Competitor spars with a partner of their choice who knows about their limitations. The partner will spar with the competitor with the purpose of displaying the competitor's skills. Vocal and physical cues may be used. The partner may be anyone including the competitor's coach, instructor, trainer, etc. Rehearsed or unrehearsed routine is allowed.

# **2017 ITF of BC Provincial Taekwon-do Championships**

Centre Umpire will still call warnings and fouls as usual when warranted.

Medals will be given only to the competitor. Certificate of Appreciation will be provided to the partners.

One minute for each partners. In case of a tie, Competitor with the highest technical content wins.

Corner umpires score the competitor only according to the following criteria:

- Technical Content (5 points)
- Footwork and Balance (5 points)
- Attack Combinations (5 points)
- Defense Ability (5 points)

## **Special notes**

All coloured belt divisions will compete in patterns at one ring and then compete in the same ring for sparring. The sparring will take place immediately after patterns competition. Male and female will be combined for patterns when necessary. Medallions will be awarded after patterns and sparring are both completed and will be presented at the podium.

## **Free Sparring**

All Sparring matches will follow Double Elimination Rules.

In the specific instance of a first loss in the final match of a division (the winner of the B draw defeating the winner of the A draw) the result of the match be determined a tie. The winner will then be decided by over-time or, in the case of a continued draw, sudden death.

## **DURATION OF MATCHES**

Coloured Belts .....	1 round of 90 seconds, including all finals
Pre Junior and Super Senior .....	2 rounds of 90 seconds, all matches
Junior and Senior Black Belts .....	2 rounds of 120 seconds all matches

## **Power Test Breaking Special Notes**

A single machine will be used. World Cup rules for powerbreaking will be applied.

Top 3 to score wins Gold, Silver and bronze. Competitor must score at least 1 point to win a medal. Divisions may be combined depending on number of competitors.

## **HAND TECHNIQUES**

Fore fist Front Punch (Ap Joomuk Jirugi)  
Knife hand strike (Sonkal Taerigi)  
Back Fist Strike (Dung Joomuk Jirugi)  
Reverse Knifehand Strike (Sonkal Dung Taerigi)

## **FOOT TECHNIQUES**

Side kick (Yop Chagi) )  
Turning kick (Dollyo Chagi)  
Reverse turning kick (Bandae Dollyo Chagi)  
Back Kick (Dwit Chagi)

# 2017 ITF of BC Provincial Taekwon-do Championships

## Board Counts

BOARDS	MALE		FEMALE	
	(hand)	foot)	(hand)	foot)
14– 17 years	1	2	1	1
18 - 34 years	2	3	1	2
35 years +	1	2	1	1

## Coaching

Coaches are encouraged for all Black Belt competitors and allowed for coloured belt competitors. Coaches must dress and behave as specified in the ITF competition rules.

Because all blackbelts age 14 are required to officiate, only coloured belts or blackbelts age 13 and below will be allowed to coach coloured belts.

Instructors, it is important that any of your student acting as coaches must be aware of and follow the correct protocol for interaction with officials. Before the championship, please take some time to train them on coaching protocols.

## Head Coach

Each school/dojang will be allowed one (1) senior Black belt as their designated “Head Coach” that can coach both black belts and coloured belts. Please note that the Head Coach will likely be asked to judge for Black Belt patterns competition.

## Black belt Coach

Each school/dojang will be allowed one (1) Coach for every 4 black belts registered to compete, including the school “Head Coach”.

## Protests:

Only the Coach for a competitor in a Black Belt match can present a protest when a decision seems to violate the rules or procedures. The protest tax for this event is fixed at CDN\$100.

## Umpires

**It is our mission to provide a safe, fair, exciting and efficient competition for all students.**

All Black Belts (age 14+) are required to assist with the umpire duties at this tournament. In the event of an umpire shortage, Red Belt and Blackstripes age 14+ may also be asked to assist with umpire duties for coloured belts. There should not be more than 1 Coloured belt umpiring in one ring.

All Officials will receive a complimentary lunch on the day of competition. All officials must attend the Black Belt meetings to be held at the beginning of the tournament at the time noted in the schedule above.

All referees and judges must wear official ITF dress.

**Black Belts who do not participate in umpiring as assigned not be allowed to compete.**

## Club Photographers

Any school may purchase a pass for photographers to have access to the competition floor to take photos of their participants.



## **2017 ITF of BC Provincial Taekwon-do Championships**

### **Event Location**



**The venue is about 10 minutes walk from the Host Hotel. For your convenience, we have arranged to have one shuttle ride in the morning from the host hotel. Please let them know if you want to avail of it.**

**Venue Address: Richmond Olympic Oval**  
6111 River Road, Richmond, BC

**Parking:** There is plenty of covered pay parking in the Visitor Parkade.

**Concession is available on site.**

# 2017 ITF of BC Provincial Taekwon-do Championships

## Host Hotel



Here is a look at the many outstanding features of Richmond's most unique property.



**Location** – Nestled in the vicinity of Downtown Richmond, the Executive Airport Plaza Hotel & Conference Centre is a heartbeat away from theatres, parks, entertainment, and 4 of the largest shopping malls in the lower mainland and some of the city's best restaurants. Our complimentary airport shuttle will deliver you to our door in 10 minutes from the international and south terminals of the airport.

**Sleep** - Comfort that artfully coalesces, complement the layout of each of our 304 stylishly refurbished luxury apartments, junior suites and newly renovated plaza guest rooms. Luxury is defined in its lavish use of space and the spectacular panoramic view of waterscapes, city and mountain skylines. An indoor lap pool, fitness room and Jacuzzi await your arrival, and our rooftop-jogging track is always available year round.



**Event** – A host of privileges await you within the Executive Airport Plaza. Our 16 function rooms spanning over 17,000 square feet of function space provide you with the opportunity to meet, socialize and sleep; all under one roof.

We have 3 restaurants to serve you, and are available from 6:30 AM – midnight and room service is available, should you wish to stay in.

## 2017 ITF of BC Provincial Taekwon-do Championships

### Hotel Accommodations:

The official event host hotel is the **Executive Plaza Hotel**, located at 7311 Westminster Highway, Richmond, BC., 1 km from the venue.

The rates are as follows:

#### GUESTROOM SPECIFICATIONS & RATES:

Based on your specifications, we are providing you with the following:

**Arrival Date: Sep 22, 2017**

**Departure Date: Sep 24, 2017**

Date	Sep 22	Sep 23
Day	Fri	Sat
Room Type		
Run of the House	40	40
<b>TOTALS</b>	<b>40</b>	<b>40</b>

#### GUESTROOM RATES:

We are pleased to confirm the following room very special reduced rates for this **Event**:

Room Type	SGL/DBL Occupancy	Triple/Quad Occupancy
Courtyard /Plaza Standard Room	\$149	\$159
One-Bedroom Condo Suite (1 Queen + Sofa Bed)	\$179	\$189

Competitor check-in and Black Belt weigh-ins will be available at this hotel on Friday Sept. 22, from 6pm until 8pm.

Guest must call the hotel to make their own reservations.: **604.278.5555** or toll free at **1.800.663.2878**. Please quote **Taekwondo BC** to access the special rate. Please let them know if you need the shuttle to the venue.

**DEADLINE For Hotel: August 22.**

# 2017 ITF of BC Provincial Taekwon-do Championships

## SCHEDULE A MEDICAL DISABILITY CERTIFICATE

### Part A – Certification of Medical Disability

I, \_\_\_\_\_ Full name of physician (please print) hereby certify that  
\_\_\_\_\_ has a major functional disability or other recognized disability  
which qualifies him/her as a student with Special Needs . The disability results in significant and persistent  
limitations in the person's ability to perform .

\_\_\_\_\_  
Signature of Physician

\_\_\_\_\_  
Date (YYYY-MM-DD)

### Part B - Recognition of Disability

Which disability does the person have?

Motor/Physical impairment including loss, malformation or abnormality in the skeletal, muscular or  
neurological systems responsible for body motion (Yes No) Diagnosis:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Severe Sensory Impairment (Yes No) Diagnosis:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Intellectual Disability: For those characterized by a decline in higher mental functions (intelligence,  
language, learning, etc ) as well as motor functions. This covers a wide variety of diseases and disorders  
including Down Syndrome, Cerebral Palsy, Asperger, Tourettes, etc. (Yes No) Diagnosis:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### PHYSICIAN INFORMATION

Full Name

Identification Number

Province of Physician Registration

Office Address

City, Province

Postal Code

Telephone number with Area Code