

THEMED LESSONS

Week Commencing 10th to 14th August
Please book Online, email or call 01777 700252

Throughout week commencing 10th August we have put together a series of specialised lessons, all part of your membership.

Throughout the week you also have the chance to make a saving on Merchandise listed & Training Equipment

All Students receive 10 Off
Loyalty Card Holders 15% Off

Monday 10th - Speed & Kick Targets Drills
Offer on any single, double kick target or Target package

Tuesday 11th - Sports Sparring & Control
Offer on any single item safety equipment or package

Wednesday 12th - Board Breaking & Control
Offer on any break boards Yellow, blue, red or black

Thursday 13th - Pattern, Breathing & Presentation
Offer on any 5 or 10 Private lessons with Master Blinston 30-minute
and All Team wear + Team Bags

Visit the website to reserve your class online & check times.
Purchase of equipment not necessary

<https://lynxmartialarts.com/Website/retford-martial-arts-book-me>

Academy will be closed from Friday 14th August to 1st September
First Lesson Back Wednesday 2nd September – Have a great Holiday