

JIM'S TAEKWON-DO PRESENTS THEIR **SEVENTH** ANNUAL

VALLEY OPEN ARTS TOURNAMENT

WINDSOR, NS

OCTOBER 21, 2023



WHERE? KINGS EDGEHILL SCHOOL

33 KINGS EDGEHILL LANE, WINDSOR, NS (OFF OF COLLEGE ROAD)

DOORS OPEN AT 8AM SPECTATOR ADMISSION \$5

6' BLACK BELT GRAND CHAMPION TROPHY!

2' COLOUR BELT GRAND CHAMPION TROPHY!

FOR MORE DETAILS, PLEASE CONTACT

MR. JIM HILTZ

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[HTTPS://WWW.FACEBOOK.COM/JIMSTKD](https://www.facebook.com/jimstkdo)

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Dear Masters and Instructors,

Jim's Taekwon-Do will be hosting their Seventh Annual Valley Open Tournament on October 21st, 2023 at Kings Edgehill School in Windsor, Nova Scotia. You will find information related to the tournament and registration material attached. We have invited schools from all over Nova Scotia, and are excited to make this event one that is talked about throughout the province.

Registration and payment will take place between 8 and 9:30 AM that morning. Unfortunately due to events of the past, anyone wishing to pay by cheque must do so at least one week in advance of the tournament. Any cheques and registration forms can be sent to the address below. please make cheques payable to **Jim's TaeKwon-Do**. Anyone not registered by 9:30 will not be able to compete. The registration fee for two events is \$55.00, three events is \$60.00. The cost for spectators is \$5.00 each; however children under 5 years of age are free. There will be food services available on site.

Competitor's weights will be randomly checked the day of the tournament. If any competitor weighs more than what is reported on the registration form, she/he will be disqualified. There will be 4 medals awarded to all divisions of students under the age of 16, except for Black Belts. Gold, Silver and 2 Bronze. Every student, 16 years of age or under, that competes in the tournament in both events will receive two medals. All divisions will be created during the registration process and finalized the morning of the tournament. Divisions for students aged 18 and above will be grouped based on Size, Age and Belt.

We will have a 6 foot Grand Champion Trophy, and a 2 foot color belt grand trophy. The scoring for the trophies is as follows: A Gold Medal is worth 3 points, a Silver Medal is worth 2 points, and a Bronze medal is worth 1 point. The most points will win, in case of a tie we will do a coin toss.

Patterns will be done using ITF rules with two competitors side by side. Sparring will be absolutely no head contact in all divisions under green belt with very little contact above green belt. All hand techniques are valued at one point. Kicks to the body are two points and high kicks that score are worth three points. White belt sparring divisions will be competing in **CAPTURE THE FLAG**, so please train your students about this event and feel free to reach out to us if you have any questions about how this works.



We will have a black belt meeting at 9 AM that morning. Black belt judges are required for rings and in an effort to ensure that judges are available, black belts must complete their assigned judging rotation either in the morning or afternoon in order to participate. Black belts who are attending but are not competing are asked to volunteer to judge.

If you require accommodations for your time in Windsor, the local SUPER 8 hotel is offering a discount of 15% off the best available rate. You can contact the hotel directly at (902)792-8888 and quote "Jim's Taekwon-Do" to receive this discount.

Thank you for your support.
Sincerely yours,

Mr. Jim Hiltz, 3rd Dan
Jim's Taekwon-Do
902-489-4929

JIM'S TAEKWON-DO VALLEY OPEN ARTS TOURNAMENT OCTOBER 21st, 2023, WINDSOR, NOVA SCOTIA

REGISTRATION FORM (Please Print)

I, _____ hereby submit my application for registration in the JIM'S TAEKWON-DO VALLEY OPEN ARTS TOURNAMENT, which is affiliated with the International Taekwon-Do Federation. I agree to waive all claims against any person(s) connected with the tournament, for any injury that may be sustained during the tournament. I hold myself responsible for my own actions and promise to act according to the rules and regulations of the tournament and the International Taekwon-Do Federation. I further agree that the Tournament Director for publicity of promotion may use any picture taken of me or by me in connection with the tournament without compensation at this or any future time.

Applicant's Signature: _____

Parent's Signature: _____
(If applicant is under 18 years)

FEE(S):
\$55 1 or 2 Events.
\$60 for all three events

EVENT SIGNUPS

TAEKWON-DO PATTERNS (TUL)

Student Name: _____ Age: ____ Gender: (M) ____ (F) ____

Belt: _____

Dojang: MacKenzie Atlantic Taekwon-Do Instructor: Master MacKenzie

SPARRING (MATSOGI)

Student Name: _____ Age: ____ Gender: (M) ____ (F) ____

Belt: _____ Weight (KG): _____

Dojang: MacKenzie Atlantic Taekwon-Do Instructor: Master MacKenzie

HIGH SCISSOR KICK (ALL AGES)

Student Name: _____ Age: ____ Gender: (M) ____ (F) ____

Belt: _____

Dojang: MacKenzie Atlantic Taekwon-Do Instructor: Master MacKenzie
