



Amherst & Area Tae Kwon-Do Parents Association
142 South Albion St. Amherst, NS (902) 667-5425

2019 Maritime Open Martial Arts Tournament
Hosted by: Amherst & Area Tae Kwon-do Parents Association
Venue: Amherst Centre Mall, 142 South Albion Street, Amherst, NS

Dear Masters, Instructors and Students,

We are pleased to invite you and your students to participate in the 2019 Maritime Open Martial Arts Tournament, which will be held on May 11, 2019. Please note the venue change to the Amherst Centre Mall, the old Zellers location, must enter from inside the mall. We will have it well marked upon your arrival.

Doors open at 8:30am for competitor check-in, Umpire meeting @ 9:00am, opening ceremonies start at 9:30 am. The tournament will commence immediately following the opening ceremonies. This tournament will include the following events; Patterns, Sparring, High Kick and Weapons for Color Belts and Black Belts. White Belt competitors may choose contact or no contact sparring please see registration form.

The registration fee is as follows: 1 or 2 events \$45, 3 events \$50, 4 events \$55. These prices include your lunch if we receive your registration form and payment before April 30th. Registration form and payment received after April 30th will not include lunch.

Individual registration forms must be sent with payment made payable to: Amherst & Area Tae kwon-do Parents Assoc., C/O Terri McKillop, 203 Willow St. Amherst, NS B4H 3Y3 OR scan to email along with Email money transfer to amhersttkdparentsassociation@gmail.com. Registrations accepted at the door will be cash payment only!

Please find attached the complete details for this event including registration, venue and rules. If you require further information, please contact Terri McKillop at amhersttkdparentsassociation@gmail.com or Mr. Jim Ripley at 902-667-5425 or jripley@jcstaekwondo.com

Yours in Tae kwon-Do,

Terri McKillop
Amherst & Area TKD Parents Assoc.
President

Jim Ripley
6th Dan
Tournament Director



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2019 Maritime Open Martial Arts Tournament Rules & Regulations

Patterns: Will be done individually with the first competitor in each division having the option to do their pattern a second time with the best score being the score for that competitor.

** In divisions that competitors are all from ITF Tae Kwon-do please use ITF ruling; 2 competitors side by side, winner advances.

Sparring: Will be done under the ITF rules with Semi/light contact only.

Age 17 & under (white belt to black stripe) & Age 18 & above (white belt to blue stripe)

No face contact, you may touch the helmet on the front forehead and sides.

Infractions:

-A touch to the face is a “warning”

-A touch to the face without retraction and there is a displacement of the head is a “minus” point.

-If there is heavy contact to the face and displacement of the head then there is a “disqualification”.

Centre referee can discuss with the corner judges to make a decision.

Age 18 & above, blue belt to black belt – you may touch the face.

Infractions: Same as black belt sparring

Black Belts all ages – You may touch the face.

Infractions:

There are no warnings for contact, you will receive a “minus point” for heavy contact and “disqualification” for excessive contact.

Note: If there are divisions where there is combining of ranks (Green and Blue) then we will stay on the side of safety and the Blue Belt competitor shall fall under the no touch to the face rule.

High Kick: All competitors will be separated by age then again by height. Competitor must contact on the target with any part of their foot, land and remain upright, in order to have a good attempt, if any part of their body other than their feet make contact with the floor the attempt is no good and then are eliminated from the competition.

Weapons: All weapons used in the Martial Arts are welcome as long as they are safe and in good condition (no loose handles/blades etc.)

Age categories:

Little Dragons (NO CONTACT) 4 & 5 year olds

White Belt (No Contact) or White Belt (contact) ages 6years & up

All other belt levels ages 6 years and older

Safety Equipment:

All ages and all belts

The following equipment is mandatory and in good condition in order to be able to compete.

Helmet, gloves, Foot protection, mouth guard & Groin protection (males) & (optional for females)

Optional equipment: Shin guards, fore arm guard, breast protection (females)

Umpiring/Judging

All Red / Brown Belts 16yr. old and over, all black belts over the ages of 14 are asked to be available to judge. To run a tournament successfully we require judges and Umpires to operate the rings. We thank you in advance for your co-operation.

2019 Maritime Open Martial Arts Tournament

Hosted by Amherst & Area Taekwon-do Parents Assoc. C/O Terri McKillop 203 Willow St. Amherst, NS B4H 3Y3
Saturday, May 11, 2019 **Venue:** Amherst Centre Mall 142 South Alion St. Amherst, NS
Cost: one or Two events-\$45, Three events \$50, Four events \$55.

Registrations and payment received before April 30th will include your lunch. Registrations at the door or after April 30th will not include your lunch.

Cheques payable to: Amherst & Area Taekwon-do Parents Assoc. (not accepted after April 30th) or

E-transfers at amhersttkdparentsassociation@gmail.com ** note change of email address

Registrations received day of competition must be paid in cash. SORRY NO REFUNDS

Name: _____

Martial Arts School MacKenzie Taekwon-Do Instructor Master MacKenzie

I _____ recognize that Martial Arts is a contact sport and that participation in Martial Arts can result in physical injury. I hereby assume all responsibility for any injuries that I may receive as a result of participating in the 2019 Maritime Open Martial Arts Tournament. I further agree to release the instructors, owners and authorized guests of Amherst & Area Tae kwon-do Parents Assoc. from all responsibilities and all claims for injuries which I may receive from participating in the 2019 Maritime Open Martial Arts Tournament. Furthermore, I agree that any and all pictures taken of or by me will not result in compensation at this or any other time.

Signature

Co-Signer (If under 18 yrs)

Date

PATTERNS:

Name: _____ Age: _____ Gender(M) _____ (F) _____ Belt: _____

Martial Arts School: MacKenzie Taekwon-Do

SPARRING: White Belt No contact _____ White Belt Contact _____

Name: _____ Age: _____ Gender:(M) _____ (F) _____ Belt: _____

Martial Arts School: MacKenzie Taekwon-Do Weight: _____ lb or _____ kg

HIGH KICK:

Name: _____ Age: _____ Gender (M) _____ (F) _____ Belt: _____

WEAPONS:

Name: _____ Age: _____ Gender (M) _____ (F) _____ Belt: _____

Martial Arts School: MacKenzie Taekwon-Do Weapon: _____

Meal Ticket (included in registrations that are prepaid and received by April 30th). All meals served with water.

Name: _____

Please choose one of the following:

Turkey Wrap _____ **or** **Roast beef wrap** _____ **or** **Veggie wrap** _____ **or** **2 Hot dogs** _____