

2022

MARITIME OPEN

MARTIAL ARTS CHAMPIONSHIPS

SATURDAY, MAY 14

Amherst Stadium,
185 Church St., Amherst

Doors open at 8 am

Competition starts 9:30 am

Spectators \$5



Hosted by Amherst & Area Tae Kwon Do Parents Association; fundraising committee for JC's Tae Kwon Do Competition Team.



Amherst & Area Tae Kwon-Do Parents Association
142 South Albion St. Amherst, NS (902) 667-5425

2022 Maritime Open Martial Arts Tournament

Hosted by: Amherst & Area Tae Kwon-do Parents Association

Venue: Amherst Stadium, 185 Church St. Amherst, NS

Saturday May 14, 2022

Dear Masters, Instructors and Students,

We are pleased to invite you and your students to participate in the 2022 Maritime Open Martial Arts Tournament, which will be held in person on Saturday May 14, 2022. We will be holding the tournament at the Amherst Stadium..

Doors open at 8:30am for competitor check-in, Umpire meeting @ 9:00am, opening ceremonies start at 9:30 am. The tournament will commence immediately following the opening ceremonies. This tournament will include the following events; Patterns, Sparring, and High Kick.

The registration fee is as follows: 1 or 2 events \$50, 3 events \$55. These prices include your lunch if we receive your registration form and payment before April 30th. Registration form and payment received after April 30th will not include lunch. Lunch will be available at our canteen. Spectator fee of \$5 per person.

Individual registration forms will be completed online <https://forms.office.com/r/STxgrr6swy>

We are now able to accept credit card, debit payments or Email money transfer to amhersttkdparentsassociation@gmail.com.

Please find attached the complete details for this event including registration, venue and rules. If you require further information, please contact Terri McKillop at amhersttkdparentsassociation@gmail.com or Mr. Jim Ripley at 902-667-5425 or jripley@jcstaekwondo.com

Yours in Tae kwon-Do,

Terri McKillop
Amherst & Area TKD Parents Assoc.
President

Jim Ripley
6th Dan
Tournament Director



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2022 Maritime Open Martial Arts Tournament Rules & Regulations

Patterns: Will be done individually using a point system being scored from 1-10. **

** In divisions that competitors are all from ITF Tae Kwon-do please use ITF ruling; 2 competitors side by side, winner advances.

Sparring: Will be done under the ITF rules with Semi/light contact only.

Age 17 & under (white belt to black stripe) & Age 18 & above (white belt to blue stripe)

No face contact, you may touch the helmet on the front forehead and sides.

Infractions:

-A touch to the face is a “warning”

-A touch to the face without retraction and there is a displacement of the head is a “minus” point.

-If there is heavy contact to the face and displacement of the head then there is a “disqualification”.

Centre referee can discuss with the corner judges to make the decision.

Age 18 & above, blue belt to black belt – you may touch the face.

Infractions: Same as black belt sparring

Black Belts all ages – You may touch the face.

Infractions:

There are no warnings for contact, you will receive a “minus point” for heavy contact and “disqualification” for excessive contact.

Note: If there are divisions where there is combining of ranks (Green and Blue) then we will stay on the side of safety and the Blue Belt competitor shall fall under the no touch to the face rule.

High Kick: All competitors will be separated by age then again by height. Competitor must contact on the target with any part of their foot, land and remain upright, in order to have a good attempt, if any part of their body other than their feet make contact with the floor the attempt is no good and then are eliminated from the competition.

Age categories:

Little Dragons (NO CONTACT) 4 & 5 year olds

White Belt (No Contact) or White Belt (contact) ages 6years & up

All other belt levels ages 6 years and older

Safety Equipment:

All ages and all belts

The following equipment is mandatory and in good condition in order to be able to compete.

Helmet, gloves, Foot protection, mouth guard & Groin protection (males) & (optional for females)

Optional equipment: Shin guards, fore arm guard, breast protection (females)

Umpiring/Judging

All Red / Brown Belts 16yr. old and over, all black belts over the ages of 14 are asked to be available to judge. To run a tournament successfully we require judges and Umpires to operate the rings. We thank you in advance for your co-operation.