



KANG'S BLACK BELT ACADEMY

NEWSLETTER

JUNE 2019
CONGRATULATIONS

LESSON OF THE MONTH: KINDNESS

Week 1:

"Wise sayings often fall on barren ground, but a kind word is never thrown away."

– Arthur Helps

Week 2:

"Spread love wherever you go. Let no one ever come to you without leaving happier."

– Mother Teresa

Week 3:

"Have a heart that never hardens, a temper that never tires, and a touch that never hurts."

– Charles Dickens

Week 4:

"The best portion of a good man's life is his little, nameless, unremembered acts of kindness and of love."

– William Wordsworth



**Congratulations to our
June Students
of the Month**

Lil' Dragons: Noam Katz

Kid Tigers: Arthur Kurtz

Tae Kwon Do: Vincent Mocca

Students of the month have been awarded with this honor for their continuous attendance and hard work.

SUMMER CAMP SPECIAL

Sign up for **Sleep-Away Camp** any time in June and get **1 FREE week of day camp!** Act fast because this offer ends June 30th!!!

KANG'S TOURNAMENT WEEK of day camp is June 24th-28th. Each day will be a **new competition** from **giant NERF contests** to the **KANG'S OLYMPICS** and even our own **DODGEBALL** tournament. You won't want to miss out! There are also 4 other wonderful weeks of day camp to choose from.

SUMMER T-SHIRTS ARE HERE

Buy New T-shirts now for \$20. To get you started, if you buy one you get one ½ off!

All old KANGS T-shirts are only \$10! Tournament T-Shirts are \$15.

Students may wear KANGS T-SHIRTS ONLY throughout the summer until Labor Day. (Students must wear full uniform at testings and seminars.)

TAE KWON DO TESTING IS JUNE 8

Get your testing forms by pretesting with an instructor.

The Belt Ceremony will be Thursday, June 13th.

This month, we are discussing the value of kindness: doing something for another person without expecting anything in return. Being kind means going above and beyond what is simply polite (although politeness is also important!), and can make a meaningful impact on someone's life.

HOW CAN YOU HELP?

- Speak positively of others, who are not present, in front of your children.
- Teach your children that "kindness is its own reward" by modeling kind behavior: helping someone whose hands are full, letting another person go first in line, or yielding a closer parking spot. Explain why your actions help them, and how being able to help makes you feel good about yourself.
- Volunteer as a family at your local soup kitchen, food bank, or animal shelter.
- Do not allow your children to speak rudely to you. Also, do not speak rudely to them. The behavior they see at home sets their expectations for what behavior is acceptable elsewhere.

TRAIN IN THE PARK

This summer Kang's will hold several of our Saturday classes in the park, rather than in the studio.

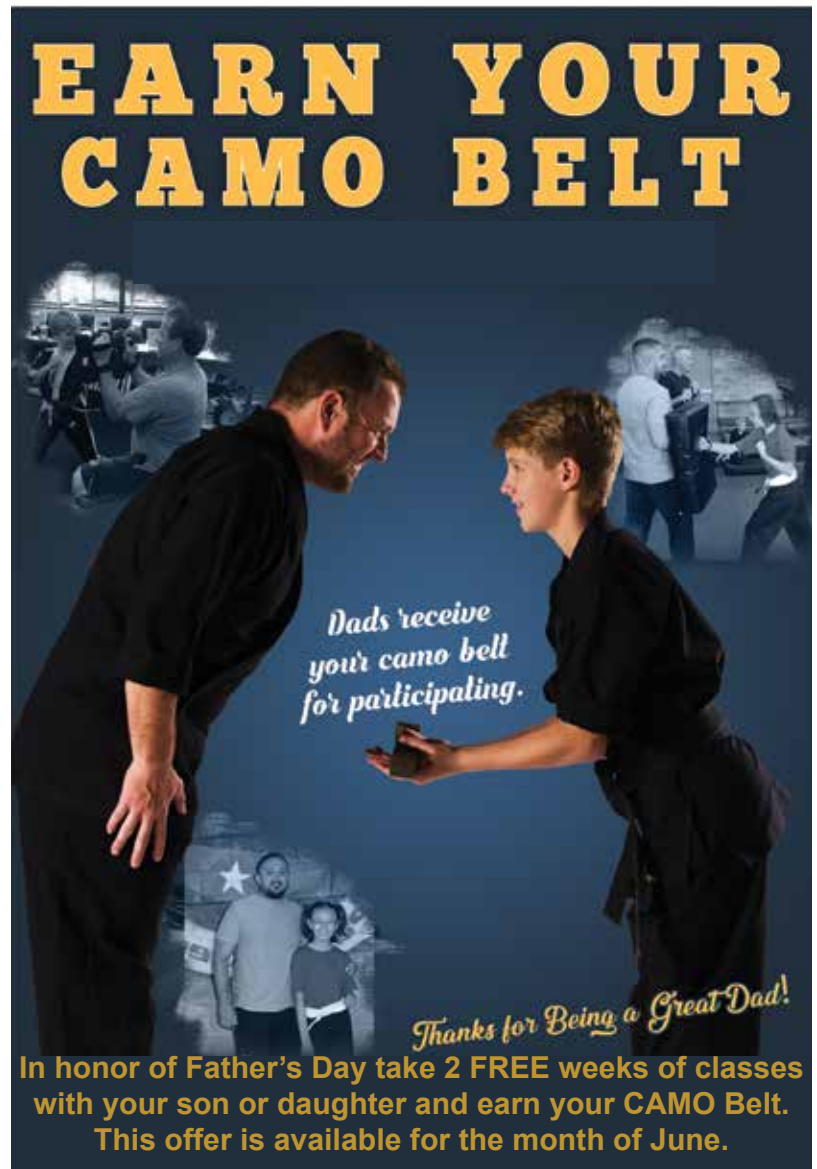
Dates will be announced soon.

UPCOMING EVENTS

The studio will be closed
June 29-July 6

Our instructors and staff will be going out to the Martial Arts Super Show conference to learn the newest the martial arts industry has in 2019.

We take our learning very seriously and we are excited to bring back all of the amazing new things we will learn.



EARN YOUR CAMO BELT

Dads receive your camo belt for participating.

Thanks for Being a Great Dad!

In honor of Father's Day take 2 FREE weeks of classes with your son or daughter and earn your CAMO Belt. This offer is available for the month of June.

SUMMER TICKET CONTEST

June 1st – Labor Day

Earn 1 ticket every time you come to class.

Earn 5 tickets every time you bring a buddy who doesn't already train to class.

Earn 7 tickets for each KANGS event you go to.

Earn a TICKET TORNADO if your friend signs up for the Summer Special.

Tickets will be drawn for prizes at our back to school party at the end of the summer.

GRAND PRIZE IS THE NINTENDO SWITCH! (or its value in cash = \$300)

