

Elite M.A. Centers Judo Belts



柔道



White Belt



White Belt - 1st Stripe



White Belt - 2nd Stripe



Yellow Belt



Yellow Belt - 1st Stripe



Yellow Belt - 2nd Stripe



Green Belt



Green Belt - 1st Stripe



Green Belt - 2nd Stripe



Blue Belt



Blue Belt - 1st Stripe



Blue Belt - 2nd Stripe



Brown Belt



Brown Belt - 1st Stripe



Brown Belt - 2nd Stripe



Black Belt

Tip System

Fundamentals

Self-defense

Standing Skills

Ground Skills

Fitness

Attitude
(14 yrs and Under)