



SCHEDULE OF CLASSES

Setting A Higher Standard
ELITE M.A. CENTER
9514 Main Street, Fairfax, VA 22031 703.425.8425

EMA Fairfax

Effective 6/17/24

Monday Tuesday Wednesday Thursday Friday Saturday

TKD Class Focus:	Basics & Forms	Basics & Forms	Self-defense / Sparring	Self-defense / Sparring	Mixed Curriculum	Mixed Curriculum
TKD Children No Belt to Yellow w/ Stripes (6-12 yrs old)	5:00pm - 5:50pm	6:00pm - 6:50pm	5:00pm - 5:50pm	6:00pm - 6:50pm	5:30pm - 6:20pm	10:10am - 11:00am
TKD Family No Belt to Yellow w/ Stripes (6 & Up)	7:00pm - 7:50pm	7:00pm - 7:50pm	7:00pm - 7:50pm	7:00pm - 7:50pm	5:30pm - 6:20pm	10:10am - 11:00am
TKD Children Green Belt to Blue w/ Stripes (6-12 yrs old)	6:00pm - 6:50pm	6:00pm - 6:50pm	6:00pm - 6:50pm	6:00pm - 6:50pm	5:30pm - 6:20pm	11:10am - 12:00pm
TKD Family Green Belt to Blue w/ Stripes (6 & Up)	7:00pm - 7:50pm	7:00pm - 7:50pm	7:00pm - 7:50pm	7:00pm - 7:50pm	5:30pm - 6:20pm	11:10am - 12:00pm
TKD Children Brown Belt on Up (6-12 yrs old)	6:00pm - 6:50pm	7:00pm - 7:50pm	6:00pm - 6:50pm	7:00pm - 7:50pm	5:30pm - 6:20pm	11:10am - 12:00pm
TKD Family Brown Belt on Up (6 & Up)	7:00pm - 7:50pm	7:00pm - 7:50pm	7:00pm - 7:50pm	7:00pm - 7:50pm	5:30pm - 6:20pm	11:10am - 12:00pm
Tigers TKD Children (4, 5 & 6 yrs old)		5:15pm - 6:50pm		5:15pm - 6:50pm		9:30am - 10:05am

Your First Class: Mon / Tues / Wed / Thurs / Fri / Sat ____ / ____ / ____ at: _____



Please call **703-425-8425** if you need to re-schedule your first class.

Additional locations in Burke, Springfield & Kingstowne

We offer an After-School Program w/ Transportation Provided



Now Enrolling:

After-school Program

- Transportation provided
- Daily TKD lessons
- Daily games and sports
- Fun-filled activities
- Public & private schools
- Free extended days & teacher workdays



\$175 One Month Trial*
with Free Uniform

(Up to 3 Classes a Week for TKD. Up to 2 Classes a Week for Tigers TKD)

- Improve Flexibility, Strength, & Coordination
- Learn Self-Defense
- Gain better Self-Discipline & Self-Control
- Strengthen Mind, Body and Overall Health

* Offer limited to new students only. Tae Kwon Do programs only. Does not apply to camps or other programs.

For News and Current Event Updates
visit us at www.Emacenter.com

Please call **703-425-8425** if you need to re-schedule your first class.