

SCHEDULE OF CLASSES



Setting A Higher Standard

ELITE M.A. CENTER

9514 Main Street, Fairfax, VA 22031 703.425.8425

EMA Fairfax

Effective 1/1/26

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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TKD Class Focus:	Basics & Forms	Basics & Forms	Self-defense / Sparring	Self-defense / Sparring	Mixed Curriculum	Mixed Curriculum
TKD Children No Belt to Yellow w/ Stripe (6-12 yrs old)	<u>5:20pm - 6:05pm</u>	<u>6:10pm - 7:00pm</u>	<u>5:20pm - 6:05pm</u>	<u>6:10pm - 7:00pm</u>	<u>5:30pm - 6:20pm</u>	<u>10:10am - 11:00am</u>
TKD Family No Belt to Yellow w/ Stripe (6 & Up)	<u>6:15pm - 7:05pm</u>	<u>7:10pm - 8:00pm</u>	<u>6:15pm - 7:05pm</u>	<u>7:10pm - 8:00pm</u>	<u>5:30pm - 6:20pm</u>	<u>10:10am - 11:00am</u>
TKD Children Green Belt to Blue w/ Stripe (6-12 yrs old)	<u>6:15pm - 7:05pm</u>	<u>6:10pm - 7:00pm</u>	<u>6:15pm - 7:05pm</u>	<u>6:10pm - 7:00pm</u>	<u>5:30pm - 6:20pm</u>	<u>10:10am - 11:00am</u>
TKD Family Green Belt to Blue w/ Stripe (6 & Up)	<u>7:10pm - 8:00pm</u>	<u>7:10pm - 8:00pm</u>	<u>7:10pm - 8:00pm</u>	<u>7:10pm - 8:00pm</u>	<u>5:30pm - 6:20pm</u>	<u>11:10am - 12:00pm</u>
TKD Children Brown Belt on Up (6-12 yrs old)		<u>7:10pm - 8:00pm</u>		<u>7:10pm - 8:00pm</u>	<u>5:30pm - 6:20pm</u>	<u>11:10am - 12:00pm</u>
TKD Family Brown Belt on Up (6 & Up)	<u>7:10pm - 8:00pm</u>	<u>7:10pm - 8:00pm</u>	<u>7:10pm - 8:00pm</u>	<u>7:10pm - 8:00pm</u>	<u>5:30pm - 6:20pm</u>	<u>11:10am - 12:00pm</u>
Tigers TKD Children (4, 5 & 6 yrs old)		<u>5:20pm - 5:55pm</u>		<u>5:20pm - 5:55pm</u>		<u>9:30am - 10:05am</u>

Your First Class: Mon / Tues / Wed / Thurs / Fri / Sat _____ / _____ / _____ at: _____

Please call **703-425-8425** if you need to re-schedule your first class.



Additional locations in Burke, Springfield & Kingstowne

We offer an After-School Program w/ Transportation Provided



Now Enrolling:

After-school Program

- Transportation provided
- Daily TKD lessons
- Daily games & sports
- Fun-filled activities
- Public & private schools
- Free extended days & teacher workdays

\$180 One Month Trial*

with Free Uniform

Up to 3 Classes a Week for TKD. Up to 2 Classes a Week for Tigers TKD

- Improve Flexibility, Strength, & Coordination
- Learn Self-Defense
- Gain better Self-Discipline & Self-Control
- Strengthen Mind, Body and Overall Health

*Offer limited to new students only. Tae Kwon Do programs only. Does not apply to camps or other programs.



For News and Current Event Updates
visit us at www.Emacenter.com