



Effective 1/25/2021

# SCHEDULE OF CLASSES

Setting A Higher Standard  
**ELITE M.A. CENTER**  
 9514 Main Street, Fairfax, VA 22031 703.425.8425

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

## In Person Classes

TKD Class Focus:	Basics & Forms	Basics & Forms	Self-defense / Sparring	Self-defense / Sparring	Mixed Curriculum	Mixed Curriculum
<b>TKD Children</b> No Belt to Yellow w/ Stripe (6-12 yrs old)	<u>6:05pm - 6:45pm</u>	<u>7:00pm - 7:40pm</u>	<u>6:05pm - 6:45pm</u>	<u>7:00pm - 7:40pm</u>		<u>10:10am - 10:50am</u>
<b>TKD Family</b> No Belt to Yellow w/ Stripe (6 & Up)	<u>7:00pm - 7:40pm</u>	<u>7:00pm - 7:40pm</u>	<u>7:00pm - 7:40pm</u>	<u>7:00pm - 7:40pm</u>		<u>10:10am - 10:50am</u>
<b>TKD Children</b> Green Belt to Blue w/ Stripe (6-12 yrs old)	<u>6:05pm - 6:45pm</u>	<u>7:00pm - 7:40pm</u>	<u>6:05pm - 6:45pm</u>	<u>7:00pm - 7:40pm</u>		<u>11:00am - 11:40am</u>
<b>TKD Family</b> Green Belt to Blue w/ Stripe (6 & Up)	<u>7:00pm - 7:40pm</u>	<u>7:00pm - 7:40pm</u>	<u>7:00pm - 7:40pm</u>	<u>7:00pm - 7:40pm</u>		<u>11:00am - 11:40am</u>
<b>TKD Children</b> Brown Belt on Up (6-12 yrs old)		<u>7:00pm - 7:40pm</u>		<u>7:00pm - 7:40pm</u>		<u>11:00am - 11:40am</u>
<b>TKD Family</b> Brown Belt on Up (6 & Up)	<u>7:00pm - 7:40pm</u>	<u>7:00pm - 7:40pm</u>	<u>7:00pm - 7:40pm</u>	<u>7:00pm - 7:40pm</u>		<u>11:00am - 11:40am</u>
<b>Tigers TKD Children</b> (4, 5 & 6 yrs old)		<u>6:15pm - 6:45pm</u>		<u>6:15pm - 6:45pm</u>		<u>9:30am-10:00am</u>

## Online Classes Effective 1/25/2021

Monday

Tuesday

Wednesday

Thursday

Friday

Virtual Semi Private  
 Tigers TKD  
 4:45pm - 5:10pm

Virtual Semi Private  
 No Belt - Yellow Stripe  
 4:45pm - 5:20pm

Virtual Semi Private  
 Tigers TKD  
 4:45pm - 5:10pm

Virtual Semi Private  
 No Belt - Yellow Stripe  
 4:45pm - 5:20pm

Virtual Semi Private  
 No Belt - Yellow Stripe  
 4:45pm - 5:15pm

Virtual Semi Private  
 White Belt & Up  
 5:20pm - 5:55pm

Virtual Semi Private  
 Green Belt & Up  
 5:30pm - 6:05pm

Virtual Semi Private  
 White Belt & Up  
 5:20pm - 5:55pm

Virtual Semi Private  
 Green Belt & Up  
 5:30pm - 6:05pm

Virtual Semi Private  
 Green Belt through  
 Blue Stripe  
 5:25pm - 5:55pm

Virtual Semi Private  
 Brown Belt through  
 Black Belt  
 6:05pm - 6:35pm

**Ask about our After-School Program!**



**\$150 One Month Trial\* with Free Uniform**

(Up to 3 Classes a Week for TKD. Up to 2 Classes a Week for Tigers TKD)

**Train In Person or Virtually Online**

\* Offer limited to new students only. Taekwondo programs only. Does not apply to camps or other programs.

Join our exclusive training group on Facebook. Our group is named "EMA TKD Private Training Group" <https://www.facebook.com/groups/EMAPrivateTraining/>

For News and Current Event Updates  
 visit us at [www.Emacenter.com](http://www.Emacenter.com)

Please call **703-425-8425** if you need to re-schedule your first class.

Ask about our **REFERRAL PROGRAM...**

**Additional locations in Springfield, Burke & Kingstowne**

EMA Fairfax