

## A typical day in the program...

Our vehicles pick up students as soon as schools let out.



Students arrive to our facility, have a snack, and prepare for their lessons.



Small games or quiet activities are organized and supervised by our staff.

A martial arts class with professional instructors.



A snack-break after class, then it's off to group games or work on homework.



The day ends with pick up lasting until 6:00pm.

[www.emacenter.com](http://www.emacenter.com)

## Why Choose Us?



- Professional Instructions
- Experienced and Caring Staff
- World-class Curriculum
- Modern, Safe & Clean Facilities
- Variety of Payment Options
- Great Family Discounts

*Four locations to choose from:*

**SPRINGFIELD**  
**703.644.4889**

**BURKE**  
**703.372.5877**

**KINGSTOWNE**  
**703.971.8560**

**FAIRFAX**  
**703.425.8425**

*"Our daughters have thoroughly enjoyed this year at EMA participating in the after-school program. They continue to be excited about their progression and improvements in Tae Kwon Do. They have discovered and learned a great deal of their own abilities under the instructors and they look forward to their next year at EMA." Ina Mellor.*