



# COMPLETE MARTIAL ARTS

## MAY 2024 Events

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### Wednesday, May 8 - Board Breaking

Students will have the opportunity to practice the breaking technique required for their next belt level test.

We are using re-breakable magnetic boards. There is no fee for board breaking class. These new magnetic boards can be purchased for home use. The cost is \$50 each.

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### Saturday, May 11 - Mother's Day Training

All mom's and their children are invited to a special training at 10am.

There will be a special presentation for mom at the end of training.

All mom's who attend for the first time will receive their pink belt!

Veteran mom's will receive a stripe on their belt.

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### Saturday, May 18 - CMA Tournament of Champions

We will be hosting a small tournament for our students a few other schools. The tournament will be held at CMA and will give our students additional competition experience.

I recommend all students regardless of belt level to participate in the great event.

Registration and information is online:

<https://cmanj.com/online-registration/>

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### Friday, May 24 - Friend Day

All students are encouraged to bring a friend with them to class on this day.

We will have a fun and educational class prepared for students of all ability levels.

Students who bring a friend to class will receive a special prize!

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### Friday, May 25 - Monday, May 27 – CMA CLOSED

CMA will be closed for Memorial Day!

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