

# **COMPLETE MARTIAL ARTS**

## **February 2024 Events**

#### Monday, February 5 – Friday, February 16 – Test Review

Students will rehearse all techniques required for promotion testing.

#### Wednesday, February 7th - Board Breaking

Students will have the opportunity to practice the breaking technique required for their next belt level test. We are now using re-breakable boards. There is no fee for board breaking class. These new re-breakable boards can be purchased for home use. The cost is \$50 each.

#### Saturday, February 10 - Online Federation Training 1pm

I would like to encourage all adult and teenager black belts to attend this monthly online Federation Training. This will be a Zoom class with all of our affiliate schools worldwide.

#### Saturday, February 10 - Online Judging Course 2:15pm

If you are an adult or teenage black belt and you are interested in judging in any upcoming tournaments you must attend the online Judging Course. Please speak with Master Shipp for details.

#### Thursday, February 15 – Promotion Testing for Adults and Teenagers

Testing begins at 6:30pm Sharp! Please arrive 10-15 minutes early.

Make sure to have your sparring gear with you.

#### Saturday, February 17 – Promotion Testing for Children

All Black Belts and Color Belts ages 8-12 will test at 9am. All color belts ages 7 and under will test at 1pm. Please arrive 10-15 minutes early. Have your sparring gear with you. Color belt students must have 3 stripes on their belt to qualify for testing. Students should memorize the required Home Rules. White belt students must memorize the first 3 rules. Add one home rule per belt. Black Belt students must know all Home Rules.

### Monday, February 19 - CMA CLOSED

CMA will be CLOSED in observance of Presidents Day

#### Tuesday, February 20 - Friday, February 23 - CMA Winter Break Camp

Please register by replying to this email. We require a minimum of 6 students to host camp. Drop off begins at 8 am should be picked up by 4pm or immediately after their class. We will have a full schedule of events for camp soon.

#### Friday, February 23rd - Friend Day!

All students are encouraged to bring a friend with them to class on this day. We will have a fun and educational class prepared for students of all ability levels. Students who bring a friend to class will receive a special prize!

#### Saturday, March 2 – *Immortal Dragon Tournament*

This Tournament will be hosted at Complete Martial Arts. Events include: Sumo, point sparring, weapon forms, and forms. More details to follow!