



COMPLETE MARTIAL ARTS

16 Eisenhower Parkway, Suite 2, Roseland, NJ 07068

Dear Student,

Congratulations on choosing to become a student of Complete Martial Arts. This decision indicates to us that you desire to be the master of your mind and body. You have to commit yourself to the hard work necessary to achieve success. The benefits to your life will be much fuller when you have attained your goal of a strong mind, body, and spirit.

The martial arts cannot be learned quickly. It requires mental and physical discipline and exhaustive physical training. Total concentration and dedication is required at all times.

You must make a commitment to yourself to succeed. Then, one day you will suddenly discover improvements in your physical abilities, a new confidence, and an awareness of your inner self that will make all the hard work worthwhile. The benefits to your life will be endless.

Again, welcome to Complete Marital Arts!

Sincerely,

Bradley G. Shipp

Grand Master

9th Degree Black Belt



Grandmaster Brad Shipp has over 35 years martial arts experience and has been teaching for the past 27 years and is currently a 9th degree black belt in Chun Kuhn Taekwondo. He began training martial arts in St. Louis, Missouri at Kim's Academy of Tae Kwon do in 1988 at the age of 11. After three years of concentrated study under the direct supervision of Supreme Master Bok Man Kim he attained the rank of 1st Degree Black Belt. As a teenager, Grandmaster Shipp showed promise as a martial arts instructor and was promoted to assistant instructor and assisted Supreme Master Kim in teaching classes and training the demonstration team.

In 1995 Grandmaster Shipp moved from St. Louis, MO to Seattle, WA to begin training under Supreme Master Kim's son. During this intense training Grandmaster Shipp became a certified instructor as well as a Survival Training Instructor. Survival training included: Mountain Survival, Ocean Survival, Desert Survival, Snow Survival, and Rescue Survival Training.

In 1997 Grandmaster Shipp attained the rank of 4th Degree Black Belt in Tae Kwon Do. It was at this time he opened his first martial arts studio in Woodinville, WA.

In 2000 Master Daniel McCarter took over the Woodinville Academy and Grandmaster Shipp moved back to St. Louis, MO. Grandmaster Shipp opened his second martial arts studio in O'Fallon, MO. One year later he attained the rank of 5th Degree Black Belt Tae Kwon Do.

In April of 2008 Grandmaster Shipp opened his third martial arts Studio in Roseland, NJ. This location is being supervised by Supreme Master Bok Man Kim. Founder of World Chun Kuhn Do Federation.

In September 2009 Grandmaster Shipp visited **Seoul Korea** to participate in a lecture on Tae Kwon Do at Yong In University.

In September 2011 Grandmaster Shipp visited **Singapore** to assist Supreme Master Bok Man Kim in teaching a Chun Kuhn Do seminar to the leaders of the Tae Kwon Do community.

In September 2013 Grandmaster Shipp visited **Derby, Kansas** to conduct a seminar and establish the Kansas Chun Kuhn Do Association.

In May of 2014 Grandmaster Shipp visited **London, England** to conduct 3 seminars and conduct testing for 4th and 7th degree black belts. He also met with the leaders of the World Chun Kuhn Do Federation UK to set up future events.

In September of 2015 Grandmaster Shipp visited The **Netherlands** to assist Supreme Master Bok Man Kim in teaching a 2 day International Instructors Course for ITF, Headquarters Korea.

In April of 2016 Grandmaster Shipp visited **Moscow, Russia** to conduct a technical seminar on Taekwondo as well as attend the World Championships.

In November of 2016 Grandmaster Shipp visited **Puerto Rico** with Supreme Master Bok Man Kim to conduct a 2 day seminar for the World Chun Kuhn Taekwondo Federation.

In September of 2017 Grandmaster Shipp coached four students: Valerie Genis, Michael Genis, Justin Capizano, and Cody Capizano at the **World Championships in the Netherlands**. We earned 3 gold medals and 1 bronze medal for Team USA.

In February of 2017 Grandmaster Shipp visited **Boscobel, Wisconsin** with Supreme Master Bok Man Kim to

conduct a technical seminar on Chun Kuhn Taekwondo. This seminar led to the creation of the Wisconsin State Chun Kuhn Taekwondo Federation.

In July of 2018 Grandmaster Shipp visited **Seattle, Washington** with Supreme Master Bok Man Kim to conduct a technical seminar on Chun Kuhn Taekwondo. This seminar led to the creation of the Washington State Chun Kuhn Taekwondo Federation.

In September of 2018 Grandmaster Shipp and Supreme Master Bok Man Kim visited **Austria and the Czech Republic** to conduct a technical seminar on Chun Kuhn Taekwondo.

In October of 2018 Grandmaster Shipp and Supreme Master Bok Man Kim visited **Plano, Texas** to conduct a 2 day technical seminar on Chun Kuhn Taekwondo for **the United Taekwondo Alliance**. Following the seminar, the **Chun Kuhn Taekwondo Founder's Committee** was formed. With the creation of the Founder's Committee, the **United States Chun Kuhn Taekwondo Federation has representatives in 20 states.**

In May of 2019, Grandmaster Shipp and Supreme Master Kim returned to the **Czech Republic** to teach technical seminars in both **Brno** and **Predni Vyton**. The students in the Czech Republic are eager to learn Supreme Master Kim's weapons and self-defense curriculum.

In July of 2019, Grandmaster Shipp, Supreme Master Kim, and Master Clint traveled with a team of 13 students to the **United Taekwondo Alliance Grand Nationals in Shreveport, LA**. The Complete Martial Arts team received numerous medals in the competition.

In February of 2020, Grandmaster Shipp and Supreme Master Kim returned to **Boscobel, Wisconsin**, to visit with the Wisconsin State Chun Kuhn Taekwondo Federation to complete photos for the Chun Kuhn Taekwondo Encyclopedia series of books they will be publishing.

In October of 2020, Grandmaster Shipp and Supreme Master Kim traveled to **Omaha, NE for the Omaha National Martial Arts Championship**, where afterwards Supreme Master Kim was inducted into the USKF Black Belt Hall of Fame.

In July of 2021, Grandmaster Shipp and Supreme Master Kim published **Volume 2 of the Chun Kuhn Taekwondo Encyclopedia**.

On August 14, 2021 Grandmaster Shipp and Supreme Master Kim organized a **Chun Kuhn Taekwondo Seminar and Book Signing Party**. This was attended by Masters and Grand Masters from around the United States, as well as Puerto Rico.

In November 2021, Grandmaster Shipp returned once again to **Boscobel, WI** to kick off a **Legacy Tour** in honor of Supreme Master Kim and teach a self-defense seminar and attend a book signing party for Volume 2 of the Chun Kuhn Taekwondo Encyclopedia.

In February 2022, Grandmaster Shipp traveled to **Kirkland, WA** on the 2nd stop on the Legacy Tour in honor of Supreme Master Kim, to teach a self-defense and knife seminar to the students at Jungyae Martial Arts Kirkland and Woodinville Martial Arts.

In March 2022, Grandmaster Shipp and Master Clint Wehner traveled to **Omaha, NE** to attend the **Omaha National Martial Arts Championship**, where afterwards Grand Master Shipp was inducted into the USKF Black Belt Hall of Fame.

In June 2022, Grandmaster Shipp and Master Clint traveled with 18 students to **United Taekwondo Alliance Grand Nationals in Tulsa, OK**. The Complete Martial Arts team again received numerous competition medals.

In July 2022, Grandmaster Shipp, along with students Justin and Cody Capizano and Valerie Genis, Grand

Master Raymond Saint from Boscobel, WI, and Grand Master El from Lansing, IL, traveled back to **Czech Republic** to teach a 3-day self-defense and weapons seminar at the **Chun Kuhn Taekwondo Summer Camp in Velesin**.

In August 2022, Grandmaster Shipp and Master Clint traveled to **Woodinville, WA** to celebrate the 25th anniversary of Grand Master Shipp's first martial arts school, **Woodinville Martial Arts**. While there, they taught a knife and self-defense seminar to the students from Woodinville and Jungyae Moosul Martial Arts Kirkland.

Students of Complete Martial Arts believe they are very fortunate to be able to train under the oversight of a Grand Master who is totally dedicated to their students and the Martial Arts.





Complete Martial Arts

2024 WINTER/SPRING CLASS SCHEDULE

EFFECTIVE January 2, 2024



TIME	MONDAY	TUESDAY	WED.	THURSDAY	FRIDAY
10:00 AM	Taekwondo Adult & Teen (by appointment)		Taekwondo Adult & Teen (by appointment)		Taekwondo Adult & Teen

9:00 AM
10:00 AM
Tournament
&

4:00 PM	Little Dragon Ages 4-7	All Ages Ages 4-11	Little Dragon Ages 4-7	Little Dragon Ages 4-7	Little Dragon Ages 4-7
4:45 PM	Children Ages 8 and up	Jiu Jitsu Ages 8 and up	Children Ages 8 and up	Children & BB Ages 8 and up	Children Ages 8 and up
5:30 PM	Black Belt	Black Belt	Black Belt	Jiu Jitsu	Black Belt
6:30PM	Taekwondo Adult & Teen	Taekwondo Adult & Teen	Taekwondo Adult & Teen	Taekwondo Adult & Teen	Jiu Jitsu Adult & Teen
7:30 PM			Jiu Jitsu Adult & Teen		

Class Length	
Adult:	60 min.
Black Belt:	45 min.
Child:	45 min.
Little Dragon:	45 min.
CMA Fitness:	45 min.
TKD Tigers:	45 min.



Complete Martial Arts
2024 SUMMER CLASS SCHEDULE
EFFECTIVE JUNE 24



TIME	MONDAY	TUESDAY	WED.	THURSDAY	FRIDAY	
10:00 AM	Taekwondo		Taekwondo		Taekwondo	10:00 AM TKD Tigers

4:45 PM	Children All Ages	Jiu Jitsu Ages 8 and up	Children All Ages	Children & BB All Ages	Children All Ages
5:30 PM	Black Belt	Black Belt	Black Belt	Jiu Jitsu	Black Belt
6:30PM	Taekwondo Adult & Teen	Taekwondo Adult & Teen	Taekwondo Adult & Teen	Taekwondo Adult & Teen	Jiu Jitsu Adult & Teen
7:30 PM			Jiu Jitsu Adult & Teen		

Class Length	
Adult:	60 min.
Black Belt:	45 min.
Child:	45 min.
Little Dragon:	45 min.
CMA Fitness:	45 min.
TKD Tigers:	45 min.



COMPLETE MARTIAL ARTS

Day & Summer Camp

Teaches Respect & Discipline while having fun!!

Complete Martial Arts offers Full Day and Half Day Camps during the school year on most days when school is closed for half days, holidays, and February and Spring Breaks (we do not have camp during December Break). You can pay by the day or discount pricing is available for purchasing a week package.

Camp is held Monday through Friday. You can pay by the day or discount pricing is available for purchasing a week package. A Week package is 5 days that can be used any 5 days throughout the summer. Days do not need to be consecutive. A half day of camp consists of any 4 hours. Half days must be scheduled with Master Clint and may not be available on certain field trip days.

Flexible & Fun Camp Schedule

Full Day Member Cost: \$75 per day - \$350* per week

Half Day Member Cost: \$55 per day - \$250* per week

Students in the After School Program receive a \$20 discount on full day or half day camps during the school year.

**Summer camp member cost does NOT include monthly martial arts tuition*

Full Day Non-Member Cost: \$85 per day—\$400 per week

Half Day Non-Member Cost: \$65 per day—\$300 per week

Field trip costs are additional

Drop off Time: 8:00am

*** Early drop off by request—\$15 per 1/2 hour per child.*

All students are required to be picked up by 4:00pm, unless they are participating in the 4:45pm Taekwondo class (recommended). Students taking class can be picked up at 5:30pm.

Students should bring their own lunch and wear a black CMA T-shirt.

Registration:

Email us at info@cmanj.com or call (973) 403-0045 to register. You must register one week prior. Limit 28 kids per day. You must be pre-registered to attend!

COMPLETE MARTIAL ARTS



TUITION PLANS

Membership	Tuition	Program Cost	Savings
6-Month	\$215 per month	\$1,290	\$0
1-Year	\$195 per month	\$2,340	\$240
3-Year (Advanced Students Only)	\$175 per month	\$6,300	\$1,440
10-Class Package*	\$225	----	----

PAYMENT OPTIONS FOR MEMBERSHIPS

1. One payment with a 10% discount
2. Two consecutive monthly payments with a 5% discount
3. Monthly payment with no discount
4. 10 Class Package is not eligible for a discount

ADDITIONAL FEES

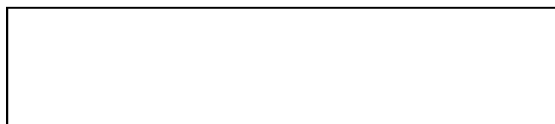
- One time Enrollment Fee: \$150
 - Uniform cost: \$45
 - Test fee: \$45 - \$85

*** All major credit cards accepted ***



COMPLETE MARTIAL ARTS RANKING SYSTEM

WHITE BELT: 10TH GRADE



YELLOW BELT: 9TH GRADE



ORANGE BELT: 8TH GRADE



GREEN BELT: 7TH GRADE



BLUE BELT: 6TH GRADE



BLUE 1ST BELT: 5TH GRADE



RED BELT: 4TH GRADE



RED 1ST BELT: 3RD GRADE



BROWN BELT: 2ND GRADE



BROWN 1ST BELT: 1ST GRADE



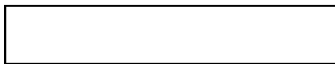
As students progress they will earn stripes or tips on their belt. Stripes are given approximately every 5 classes or upon the instructors discretion. The third stripe signifies that the student is ready to take a test for belt promotion.



COMPLETE MARTIAL ARTS RANKING SYSTEM

The different belt colors symbolize the various stages of physical and mental development in the martial arts. At each level the martial artist is mindful of those who are Junior to his rank and how his knowledge gained through experience may be of service to them. He is also aware of his Seniors and the experiences they have had as well that will help him to reach his ultimate goal of Black Belt.

Belt Rank



Interpretation

A student who has no knowledge of the art. White, being a non-color, expresses a **Void**, no action.

Yellow represents **Caution**, careful slow movement.

Orange represents the rising sun. Through the development of self discipline the student realizes the importance of **Etiquette**.

The student receives his first dark color, representing his **Desire** to **Learn**.

The student has begun to ascent to a higher plane of **Concentration**.

Through concentration, the student begins to develop keen mental and physical **Focus**.

Through diligent practice, the student has begun to amass **Skill**.

Through repetition of techniques, the student is now developing **Speed**.

Through diligent training and commitment the student develops physical **Strength** and mental **Endurance**.

The student begins to apply their knowledge with increased **Accuracy**.

The student has graduated to a Degree in Complete Martial Arts. There are eleven degrees of black belt that can be earned.



COMPLETE MARTIAL ARTS TESTING FEE SCHEDULE

Testing fees cover the expenses incurred to conduct a belt promotion test.
These fees include: breaking boards, belts, and examiner fees.

White belt	\$45
Yellow belt	\$45
Orange belt	\$55
Green belt	\$55
Blue belt	\$65
Senior blue belt	\$65
Red belt	\$75
Senior red belt	\$75
Brown belt	\$85

Degree promotions \$250
(includes: black belt uniform, embroidered black belt, international certification)

Stripe promotions \$85
(black belts test for stripes every 4 months)

Complete Martial Arts Academy



Do Jang Hun
(School Creed)

Beginning of Class

I: Do Jang Hun
S: Do Jang Hun
I: One
S: Honor
I: Two
S: Unity
I: Three
S: Service
I: Jung Sin Il Do
(With mind, body, and spirit
in one direction)
S: Ha Sa Bul Sung
(There is no impossible)
I: Kihap
(Korean for yell)
S: Kihap, Kihap, Kihap
(Once for the Master, once for the
School, and once for yourself)

End of Class

I: Do Jang Hun
S: Do Jang Hun
I: Hana (One)
S: Myong Yae (Honor)
I: Dul (Two)
S: Dan Gyul (Unity)
I: Set (Three)
S: Bong Sa (Service
Three Times)
I: Three Times
S: Consider
I: Three Times
S: Patience
I: Three Times
S: Forgive
I: Kihap
S: Kihap, Kihap, Kihap

I: Instructor **S:** Student

Counting in Korean

1.	Hah-Nah	하나
2.	Dhuhl	둘
3.	Set	셋
4.	Net	넷
5.	Tah-Suht	다섯
6.	Yuh-Suht	여섯
7.	Il-Gohp	일곱
8.	Yuh-Dhuhl	여덟
9.	Ah-Hope	아홉
10.	Yuhl	열
11.	Yuhl Hah-Nah	열 하나
12.	Yuhl Dhuhl	열 둘



Complete Martial Arts

CHILDREN'S HOME RULES (I am a good Martial Artist)

1. I will greet my parents when I enter the house and tell them good-bye when I leave.
2. I will at all times be respectful of my parents and grandparents.
3. I will always tell the truth.
4. I will have a good relationship with my brothers and sisters.
5. I will willingly help with household chores.
6. I will report to my parents when I have completed assigned tasks.
7. I will be responsible for the upkeep and neatness of my own room.
8. I will practice daily cleanliness in the matter of hair, teeth, and body.
9. I will abide by my parent's decisions.
10. I will not interrupt adult conversations.
11. I will refrain from rowdy behavior at home.
12. I will possess an active mind, body, and spirit.
13. I will diligently study my school work both at school and at home.
14. I will at all times show respect for my school, teachers and peers.
15. I will always finish what I have started.

*** If I fail to follow these rules, I may be reduced in rank by the Master or Grand Master***

Child's Signature

Signature of Witness

16 Eisenhower Parkway, Suite 2—Roseland, NJ 07068—(973) 403-0045