



NOTE: High Performance, HPAC, Black Belt Club, Mastery and Leadership Programs are separate programs from Basic Taekwondo.

FIRE DRAGON TAEKWONDO

CLASS SCHEDULE

MARCH 2019

SUN	MON	TUE	WED	THU	FRI	SAT
24 Closed	25 Open	26 Open	27 Open	28 Open	1 Open	2 Open
3 Closed	4 Open	5 Open	6 Open	7 Open	8 Open	9 Open
10 Closed	11 Open	12 Open	13 Open	14 Open	15 Open	16 Open
17 Closed	18 Open	19 Open	20 Open	21 Open	22 Open	23 Open
24 Closed	25 Open	26 Open	27 Open	28 Open	29 Open	30 TBA

Belt Test Prep on Friday's

- You must attend at least 1 time after earning your blue tip to test for your **Orange** (self defense) tip.

Note: You are coming to Test for **Orange Tip**, not to learn the moves, that should be completed prior to showing up.

Video's are available on our YouTube Channel under Playlists, for the exact techniques required as per Belt Rank.

- **Also** a space to work on whatever you need to work on
- a chance to ask higher ranks for help with something
- an opportunity to practice helping lower belts

Every Friday at 6:30! (*except on nights we are closed*)

Belt Test April 28

April 23 to 26th

Progress/Test Week

Have you got all your tips?

GREEN - In Class

BLUE - In Class

RED - In Class

ORANGE - Friday's at Belt Prep
GOLD - Gold Stripe Form

www.DragonTKD.com

(403) 502-2228

NOTE: No Classes on Statutory Holidays & some Tournament Weekends! Any class with 2 or less attendees may be cancelled at the instructors discretion.

SAFETY: Never Drop off your child for class without ensuring Fire Dragon Taekwondo Staff are present.

Classes subject to change without notice!