



JULY 2018 SCHEDULE

FLOOR 1 (downstairs)

TIMES	MON	TUE	WED	THU	FRI	SAT	SUN
8:00AM TO 4:00PM	REGISTER FOR SUMMER CAMP SESSIONS!! (Week long sessions starting July 9th)	REGISTER FOR SUMMER CAMP SESSIONS!! (Week long sessions starting July 9th)	REGISTER FOR SUMMER CAMP SESSIONS!! (Week long sessions starting July 9th)	REGISTER FOR SUMMER CAMP SESSIONS!! (Week long sessions starting July 9th)	REGISTER FOR SUMMER CAMP SESSIONS!! (Week long sessions starting July 9th)	CLOSED	CLOSED
4:30 TO 5:30 PM	White Belt to Black Belt (All Ages)	Yellow Stripe to Black Belt (All Ages)	White Belt to Black Belt (All Ages)	White Belt to Black Belt (All Ages)	White Belt to Black Belt (All Ages)		
5:30 TO 6:30 PM	White Belt to Black Belt (All Ages)	Yellow Stripe to Black Belt (All Ages)	White Belt to Black Belt (All Ages)	White Belt to Black Belt (All Ages)	White Belt to Black Belt (All Ages)		
6:30 TO 7:30 PM	Green Belt to Black Belt (All Ages)	White Belt to Black Belt (All Ages)	Green Belt to Black Belt (All Ages)	White Belt to Black Belt (All Ages)	OPEN DOJANG		

FLOOR 2 (upstairs)

TIMES	MON	TUE	WED	THU	FRI	SAT	SUN
4:00 TO 4:30							CLOSED
4:30 TO 5:00	4:30 PM New Student Introductory - "My First Class"		4:30 PM New Student Introductory - "My First Class"				
5:00 TO 5:30							
5:30 TO 6:00	5:30 PM Leadership	HPAC Sparring (5:30-7:00 PM)		HPAC Sparring (5:30-7:00 PM)	New Student Introductory - "My First Class" Includes a FREE Uniform (\$60 - \$70 Value) Cost: \$29.95 +GST The introductory course consists of 1 semi-private Lesson and 1 in class lesson plus all the information a family would required in order to decide if they wish to enroll into our regular program.		
6:00 TO 6:30							
6:30 TO 7:00	6:30 PM New Student Introductory - "My First Class"		6:30 PM Leadership				
7:00 TO 7:30		HPAC Poomsae (7:00-9:00 PM)		HPAC Poomsae (7:00-9:00 PM)			
7:30 TO 8:00							
8:00 TO 8:30							
8:30 TO 9:00							

IMPORTANT: Students are expected to be on the mats warming up no later than the scheduled class time. Any students arriving on the mats after these times are deemed late for class and must receive permission, from the instructor, to join into the class.

NOTE: Normally students warm up and practice on their own for 15 minutes prior to class in order to develop their self-discipline and to foster student friendships within our school. The actual class is 45 minutes in length.

NOTE: High Performance, HPAC, Black Belt Club and Leadership Programs are separate programs from Basic Taekwondo

FIRE DRAGON TAEKWONDO

CLASS SCHEDULE

JULY 2018

SUN	MON	TUE	WED	THU	FRI	SAT
1 Closed Canada Day	2 Open	3 Open	4 Open	5 Open	6 Open	7 Closed
8 Closed	9 Open	10 Open	11 Open	12 Open	13 Open	14 Closed
15 Closed	16 Open	17 Open	18 Open	19 Open	20 Arrive by 5:30 Belt Testing 6:00 PM (NO CLASSES)	21 Annual BBQ (Echo Dale) 5 - 8 PM
22 Closed	23 Open	24 Open	25 Open	26 Open	27 Open	28 Closed
29 Closed	30 Open	31 Open	1 Open Master Pellerin's Birthday	2 Open	3 Open	4 Closed

Belt Test Prep on Friday's

- You must attend at least 1 time after earning your blue tip to test for your **Orange (self defense) tip**.

Note: You are coming to Test for **Orange Tip**, not to learn the moves, that should be completed prior to showing up. Video's are available on our YouTube Channel under Playlists, for the exact techniques required as per Belt Rank.

- **Also** a space to work on whatever you need to work on
- a chance to ask higher ranks for help with something
- an opportunity to practice helping lower belts

Every Friday at 6:30! *(except on nights we are closed)*

Martial Art's Summer Camp

Registration - \$199.00 per week (40 hours)

What Makes Our Camps Great?

Martial Art Classes
Elkwater Trips
Dinosaur park
Bowling
Woodworking
Jet skiing
Screen Printing
Arts & Crafts
Science Experiments
Aboriginal Activities BBQ



Medicine Hat's Best Summer Camp!

www.DragonTKD.com

(403) 502-2228

NOTE: No Classes on Statutory Holidays & some Tournament Weekends! Any class with 2 or less attendees may be cancelled at the instructors discretion.

SAFETY: Never Drop off your child for class without ensuring Fire Dragon Taekwondo Staff are present.

Classes subject to change without notice!