



FEBRUARY 2019 SCHEDULE

FLOOR 1 & 2 (downstairs)

TIMES	MON	TUE	WED	THU	TIMES	FRI	SAT
8:00 – 9:00	BASIC 1 - White to Yellow Stripe Belt LEVEL 2 - Yellow to Green Stripe Belt LEVEL 3 - Green to Red Stripe Belt LEVEL 4 - Red to Black Belts				8:00 – 9:00		HPAC
9:00 – 10:00					9:00 – 10:00		HPAC
10:00 – 11:00					10:00 – 11:00		Level 1 & 2
11:00 – 12:00					11:15 – 12:15		Level 3 & 4
12:00 – 1:00							
4:00 – 5:00	Level 1	Level 2	Level 1	Level 2	4:00 – 5:00	Level 1	
4:45 – 5:45	Level 1	Level 3	Level 1	Level 3	5:15 – 6:15	Level 1-2	
5:30 – 6:30	Level 2	Level 1	Level 2	Level 1	6:30 – 7:30	Level 3-4	
6:15 – 7:15	Level 3	Level 1	Level 3	Level 1	6:30 – 7:30	Belt Test Prep	
7:00 – 8:00	Level 4	Level 1 - 4	Level 4	Level 1 - 4			
7:45 – 8:45	Level 1-4	Level 1 - 4 ADULT	Level 1-4	Level 1 - 4 ADULT			

FLOORS 3 & 4 (upstairs)

TIMES	MON	TUE	WED	THU	FRI	SAT	SUN
4:00 TO 4:30						10:00 AM New Student Introductory "My First Class"	C L O S E D
4:30 TO 5:00	4:30 PM New Student Introductory "My First Class"		4:30 PM New Student Introductory "My First Class"				
5:00 TO 5:30							
5:30 TO 6:00		HPAC Sparring (6:00-7:30 PM)		HPAC Sparring (6:00-7:30 PM)	New Student Introductory "My First Class" Includes a FREE Uniform (\$60 - \$70 Value) Cost: \$29.95 +GST The introductory course consists of 1 semi-private Lesson and 1 in class lesson. Plus all the information a fami- ly would required in order to decide if they wish to enroll into our regular program.		
6:00 TO 6:30							
6:30 TO 7:00	6:30 PM New Student Introductory "My First Class"		6:30 PM New Student Introductory "My First Class"				
7:00 TO 7:30		HPAC Poomsae (7:30-9:00 PM)		HPAC Poomsae (7:30-9:00 PM)			
7:30 TO 8:00							
8:00 TO 8:30							
8:30 TO 9:00							

IMPORTANT: Students are expected to be on the mats warming up no later than the scheduled class start time. Any students arriving on the mats after these times are deemed late for class and must receive permission, from the instructor, to join into the class.

NOTE: Students will warm up for 15 minutes, beginning at the class start time, in the **Black Belt Room** - Warm Up Area.

NOTE: High Performance, HPAC, Black Belt Club, Mastery and Leadership Programs are separate programs from Basic Taekwondo.

FIRE DRAGON TAEKWONDO

CLASS SCHEDULE

FEBRUARY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
27 Closed	28 Open	29 Open	30 Open	31 Open	1 Open	2 Open
3 Closed	4 Open	5 Open	6 Open	7 Open	8 Open	9 Closed ***Awards Banquet***
10 Closed	11 Open	12 Open	13 Open	14 Open	15 Open	16 Open D.K. Chun Tournament
17 Closed	18 Closed Family Day	19 Open Belt Test & Progress Check Week	20 Open ⇐	21 Open ⇐	22 Open ⇐	23 Open Graduation Ceremony
24 Closed	25 Open	26 Open	27 Open	28 Open	1 Open	2 Open

Belt Test Prep on Friday's

- You must attend at least 1 time after earning your blue tip to test for your Orange (self defense) tip.

Note: You are coming to Test for Orange Tip, not to learn the moves, that should be completed prior to showing up. Video's are available on our YouTube Channel under Playlists, for the exact techniques required as per Belt Rank.

- Also a space to work on whatever you need to work on
 - a chance to ask higher ranks for help with something
 - an opportunity to practice helping lower belts
- Every Friday at 6:30! (except on nights we are closed)

"2018 ANNUAL AWARDS BANQUET"

Feb 9, 2019

Tickets on sale through Dojang front desk.
Event is at Medicine Hat Lodge. Arrive at 5:00 pm, full banquet dinner at 5:30 pm.



\$27.50—(13+)
\$16.50—(3-12)
2 and under is free

Our Biggest Event of the Year!

www.DragonTKD.com

www.DragonTKD.com

(403) 502-2228

NOTE: No Classes on Statutory Holidays & some Tournament Weekends! Any class with 2 or less attendees may be cancelled at the instructors discretion.

SAFETY: Never Drop off your child for class without ensuring Fire Dragon Taekwondo Staff are present.

Classes subject to change without notice!