

America's Best Karate **Yellow to Orange Belt Questions**

1. Honor and character are things that we do that make up our Value system and determine what kind of Person that we are.
2. Karate is the art of the empty hand.
3. The bow shows respect and humility.
4. The 3 primary kicks of Tae Kwon Do are Front, Round, and Side.
5. The 3 steps to learning are Listen, Think and Do.