

America's Best Karate
Notice of Intent to Promote (Green)

Name _____

Dear Parents and Teachers,

At America's Best Karate, it is our main objective to develop well-rounded students, not only in the studio, but in society as well. If our students do not meet the following qualifications, either at home or at school, we will withhold the promotion until satisfactory progress has been made.

Answers for the following questions can be found on our website at www.abksunnyvale.com. The answers will be under curriculum. Students can turn this form into an instructor who will orally test the student. Forms should be turned in any time before the scheduled testing date, not the day of.

Students, please complete the following:

1. Honesty is when we tell the _____ in spite of the _____.
2. Kung Fu means to be _____ at.
3. Kung Fu comes from _____.
4. When demonstrating a side kick we point the knee _____ from the target. On a roundhouse we point the knee _____ the target.
5. The 4 parts of a kick are _____, _____, _____, and _____.

Teachers, please complete the following:

This student has been receiving passing grades and is respectful at school.

Yes _____ No _____ If no, please explain on back. _____
Teachers Signature

Parents, please complete the following:

My child's attitude is deserving of advancement to the next belt level.

Yes _____ No _____ _____
Parents Signature